PSYCHOLOGY 381, SECTION 2
HUMAN SERVICES INTERNSHIP COURSE

Course Syllabus

Semester: Spring, 2011
Time: 10:20-11:40am Monday & Wednesday
Location: 351 Natural Sciences

Instructor: Dr. Adrienne Adams
Office Location: 139 B Psychology Building
Office Hours: 8:30 – 9:30am Monday & Wednesday, and by appointment
Office phone: 353-4568
E-mail: adamsadr@msu.edu

COURSE DESCRIPTION
This course is the first in a two-semester sequence. The overall sequence is designed to provide you with an opportunity to develop the specific skills needed when providing direct service to individuals in the community. Throughout this course you will learn about applying theories underlying human behavior to real-world scenarios, sharpen your empathy skills, and gain valuable experience interacting with diverse individuals and settings within the community.

NOTE: This course is open to students who have already completed at least 9 credits in Psychology. The total of independent study, practicum, internship and field experience credits may not exceed 20 credits combined. Participation in PSY 246, PSY 371 & 372, and PSY 381 are NOT counted against this limit. A maximum of 12 credits of independent study may be applied toward the degree. A maximum of 12 credits in internship (PSY 382), field experience, and practicum courses (PSY 247) combined may be applied toward the degree. By taking this course, you are agreeing NOT to enroll in any other MSU courses this summer (unless they are also online).

REQUIRED READINGS
4. Additional readings available on Angel: www.angel.msu.edu

**You are expected to read each week's readings BEFORE coming to class.
COURSE FORMAT
I believe that the learning process is best facilitated in an environment of cooperative learning, where the instructor and students work together to maximize students’ mastery of the course content. Thus, this class will follow a cooperative learning format. Each class session will be designed so as to enhance your involvement in the learning process. Specifically, class will involve a combination of lecture, class discussion, in-class exercises and assignments, guest speakers, films, and tests.

COURSE SCHEDULE
Week 1
1/10 Course Overview
1/12 Introduction to Human Service Internships

Week 2
1/17 NO CLASS- Martin Luther King Day
1/19 Resumes and Cover Letters
Securing a Placement

Week 3
1/24 Viewing Social Problems from an Ecological Perspective – Theory
1/26 Viewing Social Problems from an Ecological Perspective – Application

Week 4
1/31 Introduction to Strengths-based, Client-centered Interventions
Securing a Placement
2/2 Introduction to Strengths-based, Client-centered Interventions
Securing a Placement

Week 5
2/7 Structural Inequalities & Oppression
2/9 Structural Inequalities & Oppression

Week 6
2/14 Stress, Trauma, and Mental Health
2/16 Securing a Placement

Week 7
2/21 Mental Health Stigma
2/23 Securing a Placement
<table>
<thead>
<tr>
<th>Week 8</th>
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<tbody>
<tr>
<td>2/28</td>
<td>Effective Communication / Helping Relationship</td>
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<tr>
<td>3/2</td>
<td>Effective Communication / Helping Relationship</td>
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**SPRING BREAK**

<table>
<thead>
<tr>
<th>Week 9</th>
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<tbody>
<tr>
<td>3/14</td>
<td>Guest Panel: Applying for Graduate School</td>
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<tr>
<td>3/16</td>
<td>Crisis &amp; Suicide Intervention</td>
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<td>Securing a Placement</td>
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<table>
<thead>
<tr>
<th>Week 10</th>
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<tbody>
<tr>
<td>3/21</td>
<td>Case Management &amp; Advocacy Skills</td>
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<tr>
<td>3/23</td>
<td>Case Management &amp; Advocacy Skills</td>
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<thead>
<tr>
<th>Week 11</th>
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<tbody>
<tr>
<td>3/28</td>
<td>Substance Abuse</td>
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<tr>
<td>3/30</td>
<td>Working with Children &amp; Adolescents</td>
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<table>
<thead>
<tr>
<th>Week 12</th>
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<tbody>
<tr>
<td>4/4</td>
<td>Working with Children &amp; Adolescents</td>
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<tr>
<td>4/6</td>
<td>Working with Children &amp; Adolescents</td>
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<table>
<thead>
<tr>
<th>Week 13</th>
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<tbody>
<tr>
<td>4/11</td>
<td>Populations &amp; Problems</td>
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<tr>
<td>4/13</td>
<td>Populations &amp; Problems</td>
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<table>
<thead>
<tr>
<th>Week 14</th>
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<tbody>
<tr>
<td>4/18</td>
<td>Ethics / Confidentiality</td>
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<tr>
<td>4/20</td>
<td>Boundaries / Taking Care of Yourself</td>
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<table>
<thead>
<tr>
<th>Week 15</th>
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<tbody>
<tr>
<td>4/25</td>
<td>Exam Review</td>
</tr>
<tr>
<td>4/27</td>
<td>Book Club</td>
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<td></td>
<td>Discussion and Planning for PSY 382</td>
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**Finals Week**

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<tr>
<th>Finals Week</th>
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<tbody>
<tr>
<td>5/4 10-12</td>
<td>Exam</td>
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</table>

January 10, 2011
READINGS BY WEEK

**You are expected to read each session's readings BEFORE coming to class.**

WEEK 2

1/17
No readings.

1/19
No readings.

WEEK 3

1/24


1/26


WEEK 4

1/31


2/2

WEEK 5
2/7
Cultural Competence in Mental Health. The UPenn Collaborative on Community Integration. www.upenrRTC.org

2/9

WEEK 6
2/14

2/16

WEEK 7
2/21

2/23
No readings.
WEEK 8
2/28
No readings.

3/2

WEEK 9
3/14
No readings.

3/16

WEEK 10
3/21

3/23
No readings.

WEEK 11
3/28
Miller, W.R. *Alcohol and its effects on behavior*. Center for Alcoholism, Substance Abuse, and Addiction.
Ehrenreich, B. (2001). *Nickel and dimed* (Introduction and Chapter 1)

3/30
Ehrenreich, B. (2001). Nickel and dimed (Chapter 2)

WEEK 12
4/4

4/6
Ehrenreich, B. (2001). Nickel and dimed (Chapter 3 and Evaluation)

WEEK 13
4/11
No readings.

4/13
No readings.

WEEK 14
4/18

4/20

WEEK 15
4/25
No readings.

4/27
No readings.
ATTENDANCE POLICY
Attendance is not strictly mandatory in this class since we want you to stay home if you are not feeling well. However, attendance and whether you come to class on time are taken into consideration in our overall assessment of your performance and commitment to the course and your internship. See #2 of the “three exceptions to the grading criteria” on page 7.

GRADING
All PSY 381 grades will be held until the end of the second semester (Internship II) and will then be recorded on students’ transcripts. Until that time, PSY 381 grades will be recorded as “ET.” If this is a problem for anyone because of financial aid or scholarships, please see an instructor. Grades will be computed separately for PSY 381 (Internship I) and PSY 382 (Internship II). However, if a student fails to complete PSY 382 they will receive a 0.0 for PSY 381. In the first semester of this course students will receive numerical grades based on their demonstrated understanding of the course material. Please note that the second semester of this course is graded on a Pass / No Pass basis.

<table>
<thead>
<tr>
<th>Grading Criteria</th>
<th>Points Possible</th>
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<tbody>
<tr>
<td>10 in-class assignments @ 20 points each</td>
<td>200</td>
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<tr>
<td>“Agency Roles” homework due 1/19</td>
<td>20</td>
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<tr>
<td>First draft of resume and cover letter due 1/31</td>
<td>15</td>
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<tr>
<td>Thought paper due 2/2</td>
<td>20</td>
</tr>
<tr>
<td>Second draft of resume and cover letter due 2/16</td>
<td>20</td>
</tr>
<tr>
<td>“Saving Bernice” Paper due 3/2</td>
<td>30</td>
</tr>
<tr>
<td>“Level 1, 2, 3&quot; homework due 3/14</td>
<td>20</td>
</tr>
<tr>
<td>“3 Potential Placements&quot; homework due 3/16</td>
<td>20</td>
</tr>
<tr>
<td>“Skills &amp; Experiences” homework due 3/30</td>
<td>20</td>
</tr>
<tr>
<td>“Rory O’Shea” homework due 4/18</td>
<td>20</td>
</tr>
<tr>
<td>Secure placement (with signed contract) by 4/20</td>
<td>30</td>
</tr>
<tr>
<td>“Nickel &amp; Dimed” Paper due 4/20</td>
<td>30</td>
</tr>
<tr>
<td>Book club participation 4/27</td>
<td>15</td>
</tr>
<tr>
<td>Exam 5/4</td>
<td>40</td>
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<tr>
<td>TOTAL POINTS POSSIBLE</td>
<td>500</td>
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<table>
<thead>
<tr>
<th>Percent</th>
<th>Points</th>
<th>Grade</th>
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<tbody>
<tr>
<td>95% of 500 points</td>
<td>475 points and above</td>
<td>4.0</td>
</tr>
<tr>
<td>90% of 500 points</td>
<td>450 points to 474 points</td>
<td>3.5</td>
</tr>
<tr>
<td>85% of 500 points</td>
<td>425 points to 449 points</td>
<td>3.0</td>
</tr>
<tr>
<td>80% of 500 points</td>
<td>400 points to 424 points</td>
<td>2.5</td>
</tr>
<tr>
<td>75% of 500 points</td>
<td>375 points to 399 points</td>
<td>2.0</td>
</tr>
<tr>
<td>70% of 500 points</td>
<td>350 points to 374 points</td>
<td>1.5</td>
</tr>
<tr>
<td>65% of 500 points</td>
<td>325 points to 349 points</td>
<td>1.0</td>
</tr>
<tr>
<td>less than 65% of 500 points</td>
<td>324 points and below</td>
<td>0.0</td>
</tr>
</tbody>
</table>
Dates of in-class assignments: 1/12, 1/24, 2/2, 2/7 & 2/9, 2/28, 3/16, 3/23, 4/6, 4/13, 4/20
In-class assignments can be made up for 10 points each (instead of 20) IF they are completed and turned in by the next class period. It is the student’s responsibility to contact the instructor about making up the assignment in a timely manner.

Homework assignments turned in late will be marked down 25% for each day late. I will give NO makeup exams except in extreme emergencies such as doctor-certified illness or documented death in the family. Be sure to be in class on the day of the exam, and on time.

***THREE EXCEPTIONS TO THE GRADING CRITERIA***

1. Should you drop out or be terminated before the end of PSY 382, you will receive a 0.0 for PSY 381 and a ‘No Pass’ for PSY 382. (However, please come talk to me about your concerns and problems.)

2. I reserve the right to not assign internships to students whom I feel have not demonstrated an adequate grasp of the course material or who have not shown adequate independence and responsibility. Your attendance in the course will be taken into account in making this decision. If you miss more than 2 classes and there are other concerns about your grasp of the material you are in jeopardy of being terminated from the class. I will not take such action without making every effort on our part to resolve the problem(s) first.

3. There is potential for immediate termination (with a grade of 0.0 for PSY 381 and NP for PSY 382) due to illegal, unethical or improper behavior.

SECURING YOUR COMMUNITY PLACEMENT
It is each students’ responsibility to secure their internship placement for the upcoming semester. The instructor will assist students by providing a list of potential sites and by offering specific instructions regarding contacting potential sites. Once you have secured a site you must notify the instructors and provide them with a signed agreement by the site contact. Any student without a placement secured by April 20th will be assigned a site by the instructors. The instructors will make all reasonable efforts to locate a site that matches the student’s interest and geographic preference. The instructor reserve the right to not assign an internship to any student who has not demonstrated an adequate grasp of the course material or who has not demonstrated a commitment to the course through regular attendance and participation/n. Such action will not be taken without making every effort to resolve the problem(s) first.

ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES
Students with disabilities should contact the Resource Center for Persons with Disabilities to establish reasonable accommodations. For an appointment with a disability specialist, call 353-9642 (voice), 355-1293 (TTY), or visit MyProfile.rcpd.msu.edu.
ACADEMIC HONESTY

Article 2.3.3 of the Academic Freedom Report states that, "The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards." In addition, the Department of Psychology adheres to the policies on academic honesty as specified in General Student Regulations 1.0, Protection of Scholarship and Grades; the all-University Policy on Integrity of Scholarship and Grades; and Ordinance 17.00, Examinations. (See Spartan Life: Student Handbook and Resource Guide (http://www.vps.msu.edu/SpLife/index.htm).

Therefore, I expect you to complete all course assignments, including exams and papers, without improper assistance from any source. This means you may not assist anyone or be assisted by anyone on an exam, and you may not use the text or notes of any kind during an exam. In addition, your writing for the project assignments must be your own original work, and you must cite sources appropriately.

Also, you are not authorized to use the www.allmsu.com Web site to complete any course work. If you violate Michigan State University rules you may receive a penalty grade, including, but not limited to, a failing grade on an assignment or in the course. If you have any questions about academic honesty, including plagiarism, I encourage you to talk with me or visit the web site prepared by the University Ombudsman (http://www.msu.edu/unit/ombud/).

CLASSROOM POLICIES

Climate
In order to facilitate a cooperative learning environment it is important that you treat me and your classmates with courtesy and respect both in the classroom and in any communication, whether in person or via e-mail. To treat others with respect in this context means that you should:

- Arrive to class on time. If you are running a bit late, please make your way to your seat without disrupting class.
- Turn off your cell phone during class. If you must have your cell phone on due to work or your children, please set it on “silent” or “vibrate” mode and exit the class to answer your call.
- Pay attention in class. Do not talk to a friend or neighbor when I or another person is speaking, and do not engage in other forms of disruptive behavior in the classroom.
- Wait until I have officially ended class before starting to pack up your belongings. As you’ve probably noticed in other classes, if one person packs up, it triggers others to do it too. This makes the last few minutes (when announcement are often made) less than pleasant for everyone. If you know that you need to leave early, please inform me and sit as close to the door as possible to minimize disruptions.
- Make a meaningful contribution to the class and behave in a manner that does not prevent your classmates from doing the same. It is beneficial to the entire class for students to ask questions and make comments which relate to the material. At no time is it acceptable for a student to be mimicked, intimidated, attacked, or treated poorly in any way by other students for their participation or for any other reason.
Class Communication Guidelines
The following communication guidelines will be used to facilitate our class interactions:

 To the extent that you feel comfortable, be open and honest in sharing your ideas, experiences, and viewpoints.
 Be respectful of your classmates’ rights to express their unique viewpoints, and if you disagree with someone, disagree respectfully.
 Speak from your own experience, but recognize that your experience will differ from that of your classmates.
 Avoid making generalizations about a whole group of people.
 Respect each person as an individual, and do not expect one person to speak for all members of a group.
 Expect to learn something about yourself and others, and
 Engage each other by listening as well as speaking.

Disruptive Behavior
As stated in Article 2.3.5 of the AFR (see http://www.vps.msu.edu/SpLife/acfree.htm), "The student's behavior in the classroom shall be conducive to the teaching and learning process for all concerned." Students whose conduct adversely affects the learning environment in this classroom may be subject to disciplinary action through the Student Faculty Judiciary process.

Any changes to this syllabus will be made in class at least one week prior to the change. You are responsible for staying aware of such changes.