

TED SCHWABA, PHD

ASSISTANT PROFESSOR, MICHIGAN STATE UNIVERSITY

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EDUCATION

PhD	University of California, Davis Psychology, Quantitative Methods Minor Advisor: Dr. Wiebke Bleidorn	2021
MS	University of California, Davis Psychology Advisor: Dr. Wiebke Bleidorn	2017
BS	Northwestern University Psychology / Communications Studies, Integrated Marketing Certificate Summa cum laude	2014

ACADEMIC POSITIONS

Assistant Professor Michigan State University Psychology Department	2023-
Postdoctoral Fellow University of Texas at Austin, with Dr. Elliot Tucker-Drob	2021-2023
Graduate Student University of California, Davis, with Dr. Wiebke Bleidorn University of Pittsburgh (Visiting), with Dr. Aidan G. C. Wright	2015-2021 2020
Research Assistant Northwestern University, with Dr. Dan Mroczek Northwestern University, with Dr. Anne Marie Piper	2014-2015 2012-2014

GRANTS

Co-I (PIs: Elliot Tucker-Drob and Michel Nivard), National Institute of Health R01: “Dissecting the Multivariate Genetic Architecture of Psychiatric Diseases” <u>Total Subaward Amount: \$216,701</u>	2023-2025
PI , University of California, Davis, Dissertation Enhancement Fellowship: “Co-development between personality traits and internet use among older adults” <u>Total Amount: \$48,050</u>	2020
PI , Society for Personality Assessment, Student Research Grant: “A Facet Atlas: Mapping the Cores, Peripheries, and Blends of Personality Structure” <u>Total Amount: \$300</u>	2019

PUBLICATIONS

Peer-Reviewed Publications

(All links are to free, open-access versions of publications)

31. **Schwaba, T.**, Denissen, J. J. A., Luhmann, M., Hopwood, C. J., & Bleidorn, W. (in press). Subjective experiences of life events match individual differences in personality development. *Journal of Personality and Social Psychology*. psyarxiv.com/veztu/
30. Raffington, L., **Schwaba, T.**, Aikins, M., Richter, D., Wagner, G. G., Harden, K. P., Belsky, D. W., & Tucker-Drob, E. M. (2023). Associations of socioeconomic disparities with buccal DNA-methylation measures of biological aging. *Clinical epigenetics*, 15(1), 70. clinicalepigeneticsjournal.biomedcentral.com/articles/10.1186/s13148-023-01489-7
29. Lenhausen, M. R., **Schwaba, T.**, Gebauer, J. E., Entringer, T. M., & Bleidorn, W. (in press). Transactional effects between personality and religiosity. *Journal of Personality and Social Psychology*, 125(2), 421–436. psyarxiv.com/fbh7p/
28. Bleidorn, W., Lenhausen, M. R., **Schwaba, T.**, Gebauer, J. E., & Hopwood, C. J. (2023). Secularization Trends Obscure Developmental Changes in Religiosity. *Social Psychological and Personality Science*, 14 (2), 249-258 doi.org/10.1177/19485506221076684
27. Bleidorn, W., **Schwaba, T.**, Zheng, A., Hopwood, C. J., Sosa, S. S., Roberts, B. W., & Briley, D. A. (2022). Personality stability and change: A meta-analysis of longitudinal studies. *Psychological Bulletin*, 148(7-8), 588–619. osf.io/j3x54/
26. **Schwaba, T.**, Bleidorn, W., Hopwood, C. J., Manuck, S. B., & Wright, A. G. C. (2022). Refining the maturity principle of personality development by examining facets, close others, and co-maturation. *Journal of Personality and Social Psychology*, 122, 942-958. psyarxiv.com/g7ysq/
25. **Schwaba, T.**, & Bleidorn, W. (2022). Internet use and cognitive engagement in older adulthood. *Social Psychological and Personality Science*, 13(5), 968–977. psyarxiv.com/9s25k/
24. Oh, J., Puroh, M. F., Weidmann, R., Chopik, W. J., Kim, E. S., Baranski, E., **Schwaba, T.**, Lodi-Smith, J., & Whitbourne, S. K. (2022). Health and well-being consequences of optimism across 25 years in the Rochester Adult Longitudinal Study. *Journal of Research in Personality*, 99.
23. Hopwood, C. J., **Schwaba, T.**, Milfont, T. L., Sibley, C. G., & Bleidorn, W. (2022). Personality changes and sustainability attitudes and behaviors. *European Journal of Personality*. psyarxiv.com/jk94r/
22. Hopwood, C. J., **Schwaba, T.**, Bleidorn, W., Wright, A. G. C., & Zanarini, M. C. (2022). Longitudinal

associations between borderline personality disorder and five factor model traits over 24 years. *European Journal of Personality*, 36 (5), 750-770. psyarxiv.com/fpq2v/

21. Atherton, O.E., Willroth, E.C., **Schwaba, T.**, Goktan, A.J., Graham, E.K., Condon, D.M., Rao, M.B., & Mroczek, D.K. (2021). Personality predictors of emergency department post-discharge outcomes. *Personality Science*, 2. doi.org/10.5964/ps.7193
20. Hopwood, C. J., **Schwaba, T.**, & Bleidorn, W. (2021). Personality changes associated with increasing environmental concerns. *Journal of Environmental Psychology*, 77. psyarxiv.com/jk94r/
19. **Schwaba, T.**, Bleidorn, W., Hopwood, C. J., Gebauer, J. E., Rentfrow, P. J., Potter, J., & Gosling, S. D. (2021). Childhood lead exposure and adult personality: Findings from the US, Europe, and a large-scale natural experiment. *Proceedings of the National Academy of Sciences*, 118 (29). psyarxiv.com/nxdca/
18. Bleidorn, W., **Schwaba, T.**, Denissen, J. J. A., & Hopwood, C. J. (2021). Charting self-esteem during marital dissolution. *Journal of Personality*, 89, 9-22. psyarxiv.com/hx8pw/
17. Weston, S. J., Cardador, T., Hill, P., Baranski, E., **Schwaba, T.**, Lodi-Smith, J., & Whitbourne, S. K. (2021). The relationship between career success and sense of purpose: Examining linkages and changes. *Journals of Gerontology, Series B*, 76, 78-87. psyarxiv.com/xd4cy/
16. **Schwaba, T.**, & Bleidorn, W. (2021). Log on and prosper? Little evidence for co-development between psychological adjustment and technology use in older adulthood. *Journals of Gerontology, Series B*, 76, 67-77. psyarxiv.com/4sq5x/
15. Chopik, W. J., Oh, J., Kim, E. S., **Schwaba, T.**, Krämer, M. D., Richter, D., & Smith, J. (2020). Changes in optimism and pessimism in response to life events: Evidence from three large panel studies. *Journal of Research in Personality*, 88. psyarxiv.com/sc9dh/
14. **Schwaba, T.**, Rhemtulla, M., Hopwood, C. J., & Bleidorn, W. (2020). The facet atlas: Using network analysis to describe the blends, cores, and peripheries of personality structure. *PLoS One*, 15, e0236893. doi.org/10.1371/journal.pone.0236893. App available at tedschwaba.shinyapps.io/appdata/
13. **Schwaba, T.**, & Hopwood, C. J. (2020). Comment on Ashton & Lee (2020). Inertia favors five factors (for now). *European Journal of Personality*, 34, 548-549.
12. Hopwood, C. J., Bleidorn, W., **Schwaba, T.**, & Chen, S. (2020). Health, environmental, and animal rights motives for vegetarian eating. *PLoS One*, 15, e0230609. doi.org/10.1371/journal.pone.0230609
11. Bleidorn, W., **Schwaba, T.**, & Hopwood, C. J., (2019). Health Adversity and Value Change. *Social Psychological and Personality Science*, 12, 248-257. psyarxiv.com/54jpd/
10. **Schwaba, T.**, Robins, R. W., Grijalva, E., & Bleidorn, W. (2019). What is the value of openness to experience in love and work? Longitudinal, facet-level and developmental evidence from a 24-year longitudinal study. *Journal of Personality*, 87, 1074-1092. psyarxiv.com/6pemq/
9. **Schwaba, T.**, Robins, R. W., Sanghavi, P. H., & Bleidorn, W. (2019). Optimism development across adulthood and associations with positive and negative life events. *Social Psychological and Personality Science*, 10, 1092-1101. psyarxiv.com/s6x87/
8. Hopwood, C. J., & **Schwaba, T.** (2019). Comment on DeYoung & Krueger (2018). Connections to, implications of, and directions for a cybernetic Theory of psychopathology. *Psychological Inquiry*, 29, 151-155.
7. Bleidorn, W., & **Schwaba, T.** (2018). Retirement is associated with change in self-esteem. *Psychology and Aging*, 33, 586-594. osf.io/3j8ab/

6. **Schwaba, T.**, & Bleidorn, W. (2019). Personality trait change across the transition to retirement. *Journal of Personality and Social Psychology*, 116, 651-665. osf.io/j6byv/
5. **Schwaba, T.**, & Bleidorn, W. (2018). Individual differences in personality change across the adult lifespan. *Journal of Personality*, 86, 450-464. osf.io/h7apv/
4. **Schwaba, T.**, Luhmann, M., Denissen, J. J. A., Chung, J. M., & Bleidorn, W. (2018). Openness to experience and culture-openness transactions across the lifespan. *Journal of Personality and Social Psychology*, 115, 118-136. osf.io/t3yjn/
3. Bleidorn, W., Buyukcan-Tetik, A., **Schwaba, T.**, van Scheppingen, M. A., Denissen, J. J., & Finkenauer, C. (2016). Stability and change in self-esteem during the transition to parenthood. *Social Psychological and Personality Science*, 7, 560-569.
2. Brewer, R., Garcia, R. C., **Schwaba, T.**, Gergle, D., & Piper, A. M. (2016). Exploring traditional phones as an e-mail interface for older adults. *ACM Transactions on Accessible Computing (TACCESS)*, 8, 6.
1. Hope, A., **Schwaba, T.**, & Piper, A. M. (2014). Understanding digital and material social. communications for older adults. In *Proceedings of the 32nd annual ACM conference on Human factors in computing systems* (pp. 3903-3912). ACM.

Chapters

- Schwaba, T.** (2019). The structure, measurement, and development of openness to experience across adulthood. In D. McAdams, J. Tackett & R. Shiner (Eds.) *Handbook of Personality Development* (pp. 185-200). New York: The Guilford Press. Available with bonus online-only David Bowie quotes at bit.ly/33iQL2Z
- Bleidorn, W., & **Schwaba, T.** (2016) Personality development in emerging adulthood. In J. Specht (ed.) *Personality Development Across the Lifespan* (pp., 35-51). Amsterdam, NL: Elsevier.

Under Review

- Schwaba, T.**, Mallard, T.T., Maihofer, A. X., Rhemtulla, M., Lee, P. H., Smoller, J. W., Davis, L. K., Nivard, M. G., Grotzinger, A. D & Tucker-Drob, E. M. (invited revision). Comparison of the multivariate genetic architecture of eight psychiatric disorders across sex. Preprint available at <https://www.medrxiv.org/content/10.1101/2023.05.25.23290545v1>
- Clapp Sullivan, M., **Schwaba, T.**, Harden, K. P., Grotzinger, A. D., Nivard, M. G., & Tucker-Drob, E. M. (invited revision). The Measure of Man: Beyond the factor indeterminacy problem using genome-wide association data.

PUBLIC-FACING SCIENCE COMMUNICATION

- Catanach, R. (2021, July). Lead Exposure (featuring **Ted Schwaba**). *Learning More*. Listen at podcasts.apple.com/us/podcast/lead-exposure/id1551590647?i=1000535411701
- Weidmann, R. (2021, July). Episode 7: Personality development with **Ted Schwaba**, Eva Asselmann, and Chris Soto. *Personality Psychology Podcast*. Listen at open.spotify.com/episode/2XXISwUhwro6jXfZldZ1uZ
- Rose, J. (2021, July). Lead and Personality (featuring **Ted Schwaba**). *Top of Mind with Julie Rose*. Listen at www.byuradio.org/TOP-2021-08-03-Lead-and-Personality
- Schwaba, T.** (2021, July). Lead exposure during childhood may influence adult personality, and not for the better. *The Conversation*. Read at theconversation.com/lead-exposure-during-childhood-may-influence-adult-

Schwaba, T. (2020, January). Look on the sunny side! Optimism increases as people get older. *Character and Context, the Science of Who We Are and How We Relate*. Read at www.spsp.org/news-center/blog/schwaba-optimism-aging

PRESENTATIONS

Invited Presentations

Schwaba, T. (2022, November). *What shapes us? An agenda for understanding lifespan personality development*. Invited presentation at the Michigan State University Social/Personality Area Brownbag, East Lansing, MI.

Schwaba, T. (2022, October). *What shapes us? An agenda for understanding lifespan personality development*. Invited presentation at the University of Oregon Social/Personality Psychology Brownbag, online.

Schwaba, T., & Bleidorn, W. (2020, January). *Co-development between technology use and cognitive engagement in older adulthood*. Invited presentation at the University of Pittsburgh Social Psychology Brownbag, Pittsburgh, PA.

Schwaba, T., & Bleidorn, W. (2020, January). *Co-development between technology use and cognitive engagement in older adulthood*. Invited presentation at the Carnegie Mellon University Social/Personality/Health Psychology Brownbag, Pittsburgh, PA.

Conference Presentations

Schwaba, T., & the Revised Genomics of Personality Consortium (2023, July). *A New GWAS of the Big Five Personality Domains*. Presented at the meeting for the Association of Research on Personality, Evanston, IL

Schwaba, T., & the Revised Genomics of Personality Consortium (2023, June). *A New GWAS of the Big Five Personality Domains*. Presented at the meeting for the Behavioral Genetics Association, Murcia, Spain

Schwaba, T., & Thalmayer, A. G. (2022, July). *Openness: The WEIRDest trait in the world?* Presented at the meeting for the International Association for Cross-Cultural Psychology, online.

Schwaba, T., Grotzinger, A., Nivard, M. G., Davis, L. K., & Tucker-Drob, E. M. (2022, June). *Developing Genomic SEM to Identify Sex Differences in the Multivariate Genetic Architecture of Psychiatric Disorders*. Presented at the meeting for the Behavioral Genetics Association, Los Angeles, CA.

Schwaba, T. (2022, February). *GWASing the Big Five: Building A Bigger Sample*. Presented at the meeting for the Society for Personality and Social Psychology (Online).

Schwaba, T. & Thalmayer, W. (2021, July). *Openness: The WEIRDest trait in the world?* Presented at the meeting for the Association for Research in Personality, online. Watch online at www.youtube.com/watch?v=Y-d3JJmHkbE

Schwaba, T., & Bleidorn, W. (2020, July, conference cancelled due to COVID-19). *Co-development between technology use and cognitive engagement in older adulthood*. Presented at the meeting for the European Conference on Personality, Madrid, Spain.

Schwaba, T., Rhemtulla, M., Hopwood, C. J., & Bleidorn, W. (2020, March, conference cancelled due to COVID-19). *The facet atlas: Using network analysis to describe the blends, cores, and peripheries of personality structure*. Presented at the meeting for the Society of Personality Assessment, San Diego, CA.

Schwaba, T. & Costello, C. (2020, February). *Analysis tools and modeling resources for personality*. Presented at the meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Schwaba, T., & Bleidorn, W. (2020, February). *Longitudinal transactions between technology use and openness to experience among older adults*. Presented at the meeting of the Society for Personality and Social Psychology, New

Orleans, LA.

- Schwaba, T., & Bleidorn, W.** (2019, June). *Log On and prosper: Co-development between ICT use and psychological adjustment in older adulthood*. Presented at the meeting of the Association for Research in Personality, Grand Rapids, MI.
- Schwaba, T., Robins, R. W., Grijalva, E., & Bleidorn, W.,** (2018, July). *Is Openness to Experience good for you?* Presented at the meeting of the European Conference on Personality, Zadar, Croatia.
- Schwaba, T., & Bleidorn, W.,** (2018, March). *When I'm 65: Personality Development Across the Transition to Retirement*. Presented at the meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Schwaba, T., & Bleidorn, W.,** (2017, June). *Personality Development Across the Transition to Retirement*. Presented at the meeting of the Association for Research in Personality, Sacramento, CA.
- Schwaba, T., & Bleidorn, W.,** (2017, February). *Personality Development Across the Transition to Retirement*. Presented at the meeting of the Association for Psychological Science, Boston, MA.
- Schwaba, T., Luhmann, M., Denissen, J.J.A., Chung, J. M., & Bleidorn, W.** (2017, January) *A Night at the Opera: culture-openness transactions across the lifespan*. Presented at the meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Schwaba, T., Luhmann, M., Denissen, J.J.A., Chung, J. M., & Bleidorn, W.** (2016, July) *A Night at the Opera: culture-openness transactions across the lifespan*. Presented at the meeting of the European Conference for Personality, Timisoara, Romania.

AWARDS

Emerging Scholar Award, Association for Research in Personality (\$400)	2019, 2021
Dissertation Award (Honorable Mention), Psychology of Technology Institute	2020
Dissertation Quarter Fellowship, UC Davis (\$13,400)	2019
Student Travel Award, Society for Personality Assessment (\$290)	2019
Professional Development Award, UC Davis (\$400)	2019
Graduate Travel Award, Society for Personality and Social Psychology (\$500)	2018
Summer Research Fellowship, UC Davis (\$5,000)	2018
Graduate Scholars Fellowship, UC Davis (\$42,900)	2015-2016

TEACHING

Courses

University of California, Davis

Instructor, Personality Psychology

Spring 2019

Teaching Assistant, Lifespan Development, Personality Psychology, Relationship Psychology 2015-2020

Student Advising

Andrew Rakhshani (Dissertation committee)

PROFESSIONAL ACTIVITIES

Leadership

Co-Organizer, SPSP Personality Science preconference

2019-

Official yearly preconference of the Association of Research in Personality
Archived presentations spanning 10 years available at osf.io/58upb/

Graduate Student Representative, Association for Research in Personality

2020-2023

Event Coordinator, UC Davis Psychology Graduate Student Association 2016-2018

Professional Societies

Memberships

Behavioral Genetics Association	2020-
Association for Research in Personality (ARP)	2014-
Society for Personality and Social Psychology (SPSP)	2015-
European Association of Personality Psychology (EAPP)	2016-
International Association of Cross-Cultural Psychology	2022-2023
Society for Personality Assessment (SPA)	2019-2021

Other Activity

Attendant, Russell Sage Foundation Summer Institute in Social Science Genomics	2021
Attendant, Summer Institute for Social and Personality Psychology	2019
Panelist, Transparency and Open Science Roundtable, SPSP	2019
Co-leader, Open Science Workshop, UC Davis Psychology	2018, 2019

Journals

Editorial Board

Journal of Personality and Social Psychology	2023-
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Ad-hoc reviewer

Computers in Human Behavior
Developmental Psychology
European Journal of Personality
Journal of Personality Assessment
Journal of Research in Personality
Personal Relationships
Personality and Social Psychology Review
PloS ONE
Proceedings of the National Academy of Sciences
Social Psychological and Personality Science