

MSU Psychological Clinic CONSENT ADDENDUM

Consent to Telehealth

The MSU Psychological Clinic has suspended in-person sessions due to the current public health crisis related to the novel coronavirus (COVID-19). To minimize disruptions to care, we will be offering telepsychology services through a HIPAA-compliant videoconferencing system on an interim basis. Procedures to safeguard your privacy are already in place at our office and will be extended to these videoconference communications. These communications incorporate network and software security protocols to protect your confidentiality.

You may choose secure videoconferencing for interim sessions if you, your therapist, and your therapist's supervisor agree that this is appropriate so that your sessions can continue. At the MSU Psychological Clinic, we are using a secure version of Zoom as our videoconferencing platform.

Please carefully review the following information and discuss any questions that you have with your therapist before agreeing to participate in telehealth videoconference sessions:

- There are potential benefits (e.g., continuing treatment) and risks of telepsychology (e.g., potential unanticipated limits to patient confidentiality) that may differ from in-person sessions.
- You understand that any internet-based communication is not 100% guaranteed to be secure/confidential. You agree that the MSU Psychological Clinic will not be held responsible if any outside party gains access to the video feed.
- Your clinician will record the Zoom sessions for training purposes and store them on a secure MSU server. These will be deleted as soon as they are no longer needed for training purposes.
- You are agreeing to use secure (HIPAA compliant) Zoom, which has been selected for the MSU Psychological Clinic's interim telepsychology services.
 - Our administrative support and your clinician will provide information for you on how to join a secure Zoom meeting for your telepsychology sessions.
 - You agree to allow electronic communication (email or text messaging) to receive invites to the Zoom sessions.
 - Zoom requires the use of a browser but does not require software download.
- You will need to use a password protected cell phone, tablet, laptop or PC with video capability for the telepsychology sessions.
- You will need to ensure that you use a secure internet connection, rather than public/free WiFi.
- It is important to be in a quiet, distraction-reduced environment during the session.
- Headphones will make it easier to hear your therapist and will add additional security.
- It is important to be on time. We ask you that you plan to join the scheduled videoconferencing meeting a few minutes before the scheduled time to minimize delays.
- If you need to cancel or change your telepsychology appointment, you must notify our office in advance via phone (517-355-9564) or email (clinic@msu.edu).
- We will use your mobile phone as the back-up plan. Therefore, we will need to confirm a number where your therapist can reach you to restart the session or to reschedule it, in event of technical problems.

- We need a safety plan that includes at least one emergency contact and the closest emergency department or service to your location, if you experience a crisis. Please note that your therapist's supervisor and/or the Director of the MSU Psychological Clinic may join your session, in the event of an emergency.
- If you are not an adult (18 years or older), we will need the permission of your parent or legal guardian (and their contact information) for you to participate in telepsychology sessions.
- Your therapist and your therapist's supervisor may determine that due to certain circumstances, telepsychology is no longer appropriate.
- Beginning on April 15, 2020, we will charge you for remote telepsychology sessions at your regular rate. Methods of payment will be provided to you by your clinician.

Your agreement to the information above and your participation in secure Zoom sessions indicates that you understand the benefits of continuing treatment and the additional potential risks of remote telepsychology sessions.