

# CURRICULUM VITAE

(updated 1/8/16)

## Timothy L. Goth-Owens

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## EDUCATION

- 1987      **Ph.D.** Michigan State University, East Lansing, MI  
Child and Family Clinical Psychology (APA approved)
- Dissertation: *Environmental Stress, Maternal Psychological Resources, and the Development of Positive Maternal Behavior in a High-Risk Sample*
- 1981      **M.A.** Michigan State University, East Lansing, MI  
Clinical Psychology
- Master's Thesis: *Predicting Individual Differences in Father-Infant Interaction*
- 1973      **B.A.** (with high honors), Michigan State University  
Psychology

## PROFESSIONAL EXPERIENCE

**3/2012 to**      Kalamazoo College  
**6/2012**      1200 Academy Street  
Kalamazoo, MI 49006

Visiting Assistant Professor: Department of Psychology Taught Abnormal Psychology (PSYC 370) to fill in for a core faculty member who died unexpectedly.

**1986 to**      Comprehensive Psychological Services, P.C.  
**Present**      2720 East Lansing Drive  
East Lansing, MI 48823

Licensed Psychologist Private practice of psychology, specializing in evaluation and treatment of child, adolescent, and young adult learning, attention, developmental, behavior, mood and anxiety disorders.

**1994 to**      Michigan State University  
**present**      East Lansing, MI 48824

Assistant to Associate Professor: Department of Psychology A series of appointments to teach undergraduate, honors, and graduate level psychology courses. Courses taught:

PSY 954 - Cognitive-Behavioral Theory, Research, and Intervention across the Life Span (Spring, 2011)

PSY 951 - Cognitive and Behavioral Approaches to Child and Family Disorders (Fall, 1994; Fall, 1996).

PSY 944 - Practicum (Co-taught with Dr. Norman Abeles, Spring, 1996).

PSY 854 - Behavior Disorders of Children and Families (Spring, 1995;  
Spring, 1997).

PSY 852 – Cognitive and Neuropsychological Assessment (co-taught with Dr. Leigh O'Connor, Fall, 2012)

PSY 829 - Child Assessment (co-taught with Dr. Joel Nigg, Fall, 2006)

PSY 828 - Psychological Assessment (Fall, 1998; Fall, 1999)

PSY 493 – Issues in Psychology (Fall, 2013; Spring, 2016) Developed and delivered a psychology major senior capstone seminar: *Clinical Psychology: The Scientific Status of Mindfulness-Based Psychotherapies*

PSY 424 - Child and Family Psychopathology (Spring, 2003; Fall, 2005; Fall, 2006; Spring, 2007; Fall, 2015)

PSY 280 - Abnormal Psychology - (Honors Section - Spring, 1998; Spring, 2000; Fall, 2007; Fall, 2008) (Regular Section - Fall, 2001; Spring, 2008, Fall, 2011; Spring, 2012, Spring, 2013, Spring 2015)

PSY 236 – Personality (Spring 2006; Spring, 2007; Spring, 2008; Spring 2009; Fall, 2015)

PSY 101 – Introductory Psychology (Spring, 2010)

Research Consultant/Diagnostician - The ADHD and Attention Development Project;

Principal Investigator: Joel Nigg, Ph.D. (1/02 – 4/09). Participated in multi-disciplinary diagnostic team providing final diagnoses and GAF scores for research participants. Provided written feedback about assessment results to participants in the research. Lead author on one research report emanating from the project.

Clinical Supervisor - MSU Psychological Clinic - Supervision of clinical psychology practicum students in the psychological evaluation and treatment of children, adolescents, and adults with psychological, behavioral, learning and/or attention disorders. (1/03 - present)

Consultant – MSU Resource Center for Persons with Disabilities – Responsible for the design and implementation of a semester long seminar in College Study Skills for academically at-risk college students with learning disabilities and attention disorders. (12/1/03 – 5/30/12)

Consultant – Michigan State University College of Law - Review clinical documentation provided by law students documenting a psychiatric diagnosis and recommending academic accommodations in accordance with the Americans with Disabilities Act. Made recommendations to the Associate Dean for Student Affairs regarding the granting of recommended accommodations (9/07 – present).

**2004 to  
2006** St. Vincent Catholic Charities/St. Vincent Home for Children  
2800 West Willow  
Lansing, MI 48917

Consultant Provided training and case consultation to professional staff in residential treatment program for children and adolescents. Program development consultation through participation in the program's Steering Committee

**1988 to  
1992** Department of Pediatrics and Human Development  
College of Human Medicine  
B-240 Life Sciences  
Michigan State University  
East Lansing, MI 48824

Assistant Professor Primary responsibility was for the training and supervision of pediatric psychology interns in an APA approved internship. Training focus was on hospital-based consultation, assessment, and intervention. Provided formal and informal training and education to medical residents regarding psychosocial and developmental issues related to

children's illnesses and hospitalizations. Served as psychologist in the Department's multidisciplinary developmental medicine clinic with a focus on diagnostic evaluations of children with attention, learning and behavior problems.

**1983 to** Clinton-Eaton-Ingham Community Mental Health Board  
**1990** 812 E. Jolly  
Lansing, MI 48910

Quality Assurance Supervisor--Ingham Counseling Center (1989-1990)

Responsible for development and implementation of a quality assurance plan for a JCAHO accredited outpatient mental health service. Developed policies and procedures for monitoring key aspects of quality of care, adherence to admission criteria, adherence to length-of-stay norms, adherence to discharge criteria. Responsible for assuring coordination of quality assurance, utilization review and client care monitoring committees. Provided in-service training to staff in areas related to adherence to accreditation standards.

Clinical Coordinator--Family Guidance Service (1986-89) Responsible for ongoing supervision of the clinical activities of a staff of fourteen mental health professionals in a unit specializing in the treatment of high-risk children and multi-problem families. Supervised activities included evaluations for emergency psychiatric hospital admissions; monitoring of admissions to and discharges from state psychiatric hospitals and private residential treatment centers; on-site operation of an adolescent day treatment program; liaison with Probate Court, school programs, and other community agencies; outpatient psychotherapy and case management services. Other duties included providing on-call consultation to Emergency Services; development and implementation of a home-based, intensive family intervention program; monitoring of all admissions, treatment planning, discharges, and clinical record keeping in the unit; recruiting and interviewing potential staff members.

Chair, Child and Adolescent Utilization Review Committee--Ingham Community Mental Health Center (1985-88)

Responsibilities including monitoring admissions, discharges, treatment and clinical record keeping in all children's service units, developing client care evaluation studies, collecting data, writing client care evaluation reports.

Senior Mental Health Therapist--Family Guidance Service (1983-1986) Lead mental health therapist in team providing day treatment services to severely emotionally impaired adolescents, family therapy, individual adolescent therapy, psychological evaluation and school consultation.

CONSULTATION AND TRAINING

Grand Rounds, workshops, seminars and lectures have been presented to mental health and medical trainees and professionals, educational and community groups in the following areas:

- A pediatric psychopharmacology primer for early childhood educators
- What To Do When Behavior Modification Isn't Working
- How to Talk to Pre-Schoolers about Terrorism
- Temperamental Variation and Childhood Problems
- ADHD Update for Mental Health Practitioners
- Challenging Behavior in Preschool Settings
- Siblings of Children with ADHD
- Discipline Alternatives to Physical Punishment
- The Development of Childhood Behavior Problems
- Behavioral Treatment of ADHD
- Families of Children with ADHD
- Diagnosing ADHD in Pediatric Practice
- Diagnosing ADHD in Family Medicine Practice
- Classroom Management of the Child with ADHD
- Normal Adolescence and ADHD
- Parenting Strategies That Promote the Development of Social Competence in Children

- Treatment Planning in Children's Mental Health Services
- Stress Management
- Uses and Misuses of Psychiatric Hospitalization for Children and Adolescents
- The Development and Treatment of Conduct Disorders
- Multimodal Treatment of Multi-Problem Families and High-Risk Children
- Attributional Bias in Clinical Decision Making
- Assessment of Suicidal Risk in Children and Adolescents
- Psychological Needs of Dying Children and their Families
- Coping with Life-Threatening Injury and Illness
- Chronic Illness and Depression in Pediatric Populations
- Hospital Consultation Skills for Pediatric Psychologists

#### PROFESSIONAL/COMMUNITY ACTIVITIES

- Association for Contextual Behavioral Science - member
- Association for Psychological Science - member
- Brief Psychotherapy Coalition, East Lansing, MI, Board of Directors, 3/96 - 6/98
- C.H.A.D.D. (Children and Adults with Attention Deficit Disorders), Okemos, MI chapter, Professional Advisory Board, 1991 -1994
- Capitol Area ADD Network, Board of Directors, 1992 - 1995
- State of Michigan, Department of Education, Task Force on ADD, 1991-1992
- E. W. Sparrow Hospital, Regional Pediatric Center Planning Task Force, 1991 - 1992
- Michigan State University/ Sparrow Hospital, Adolescent Program Planning Committee, 1989-1990
- Ele's Place (A Children's Center for Grieving), Public Relations Committee, 1991- 1992

#### INSTITUTIONAL AFFILIATIONS

- Michigan State University, Department of Psychology
- Panel provider for Magellan Behavioral Health, Sparrow Physician's Health Network, Blue Cross/Blue Shield Preferred Provider Network, United Behavioral Health.

#### TRAINING

##### Clinical Internships

- 1982-83**                      Pediatric Psychology Internship  
College of Human Medicine  
Department of Pediatrics and Human Development  
Michigan State University, East Lansing, MI
- 1981-82**                      Clinical Psychology Internship (APA approved)  
Psychological Clinic  
Michigan State University, East Lansing, MI

### Clinical Practica

- 1980-81**                      Developmental Assessment Clinic  
E.W. Sparrow Hospital / Ingham Intermediate School  
District, Lansing, MI
- 1980-81**                      Psychological Clinic  
Michigan State University, East Lansing, MI

### Continuing Education (selected)

Acceptance and Commitment Therapy (ACT - intermediate) – Steven Hayes, Ph.D. (2012)  
Acceptance and Commitment Therapy (ACT- beginning) – Jennifer Gregg, Ph.D. (2011)  
Dialectical Behavior Therapy – Randy Wolbert, MSW, LMSW (2009)  
Helping the Noncompliant Child - Nicholas Long, Ph.D. (2007)  
The Explosive Child – Ross Greene, Ph.D. (1999)  
Solution-Focused Therapy – Scott Miller, Ph.D. (1996)  
Strategic Family Therapy – Jay Haley, M.A. and Cloe Madanes (1990)  
Assessment of ADD – Keith Conner, Ph.D. (1990)  
Parent Management Training – Oregon Model – John Reid, Ph.D. (1986)  
Neuropsychological Assessment – Lawrence Hartlage, Ph.D. (1985)  
Cognitive Behavioral Therapy – Donald Meichenbaum, Ph.D. (1984)

### RESEARCH

#### Research publications and presentations

- Goth-Owens, T.L., Martinez-Torteya, C., Martel, M.M., & Nigg, J.T. (2010). Processing speed weaknesses in children and adolescents with non-hyperactive but inattentive ADHD (ADD). *Child Neuropsychology*, 16, 577-591.
- Martel, M.M., Goth-Owens, T.L., Martinez-Torteya, C., & Nigg, J.T. (2010). A person-centered personality approach to heterogeneity in Attention-Deficit/Hyperactivity Disorder (ADHD). *Journal of Abnormal Psychology*, 119, 186-196.
- Nigg, J.T., Goth-Owens, T.L., & Carr, L. (2009). Using cognitive function to evaluate alternate cut points in identifying a non-hyperactive ADHD inattentive group. Paper presented at the International Society for Research in Child and Adolescent Psychopathology Conference, Seattle, WA, June.
- Martel, M.M., Goth-Owens, T.L., Martinez-Torteya, C., & Nigg, J.T. (2009). A person-centered approach to understanding Attention-Deficit/Hyperactivity Disorder. Poster presented at the International Society for Research in Child and Adolescent Psychopathology Conference, Seattle, WA, June.
- Martel, M.M., Goth-Owens, T.L., Martinez-Torteya, C., Nikolas, M., & Nigg, J.T. (2009). External validation of personality-based subtypes of Attention-Deficit/Hyperactivity Disorder. Poster presented at the International Society for Research in Child and Adolescent Psychopathology Conference, Seattle, WA, June.

- O'Neill, J.K., O'Neill, P.J., Goth-Owens, T.L. & Cobb, L.M. (1996) Care-giver evaluation of anti-gastroesophageal reflux procedures in neurologically impaired children: What is the real-life outcome? *Journal of Pediatric Surgery*, 31, 375-380.
- Goth-Owens, T. L., Molaison, V., Popovich, S. and Shawchuck, C. (1990). Ethical pitfalls in inpatient pediatric psychology consultation. Paper presented at the Society of Pediatric Psychology, North Coast Regional Conference, Detroit, MI, May.
- Goth-Owens, T.L., Stollak, G.E., Messe', L.A., Peshkess, I., and Watts, P. (1982). Marital satisfaction, parenting satisfaction, and parenting behavior in early infancy. *Infant Mental Health Journal*, 3, 187-198.

#### Review activities

Pre-publication review (at author's request) of Nigg, J. T. (2006). *What causes ADHD: Understanding what goes wrong and why*. New York: Guilford.

Review of McGraw-Hill Abnormal Psychology textbook in preparation (2013-present)

Ad hoc research reviewer

*Child Neuropsychology*  
*Journal of Abnormal Child Psychology*

#### HONORS AND AWARDS

1980-82	National Institute of Mental Health Traineeship
1971-73	Honors College, Michigan State University
1969-73	National Merit Scholar

#### PROFESSIONAL LICENSURE

Michigan License to practice as a Psychologist (005809)