

Joanna James

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EDUCATION

Saint Mary's College

Notre Dame, IN

Bachelor of Arts in Psychology

May 2025

- Cumulative GPA: 3.84
- Greece Study Abroad Program, Summer 2023
- Relevant Coursework: Introduction to Psychology, Child Development Psychology, Cultural Psychology, Orientation to Psychology, Cognitive Psychology, Statistics in Psychology, Research and Methods in Psychology, Personality Psychology, Abnormal Psychology, Clinical Psychology, Neuropsychology, Hormones and Behavior, Senior Seminar in Psychology II.

Michigan State University

East Lansing, MI

Doctoral Student in Cognition and Cognitive Neuroscience

May 2030

- Cumulative GPA: 4.00
- Relevant Coursework: Sensation and Perception, Quantitative Research Design, Scientific and Professional Ethics, Seminar in Regression Models.

ACADEMIC HONORS AND AWARDS

- Psi Chi International Honors Society, Saint Mary's College Chapter, 2023-2025
- Charles Leo Eaton Scholarship, Saint Mary's College, 2022-2024
- Dean's List, Saint Mary's College, 2021-2025
- Dean's Scholarship, Saint Mary's College, 2021-2025
- Mother Pauline Award, Saint Mary's College, 2021-2024
- National Honors Society, Carl Sandburg High School, 2019-2021

RESEARCH EXPERIENCE

University of Notre Dame Memory Lab

Notre Dame, IN

Research Assistant

Spring 2024-Spring 2025

- Ran studies examining different components of memory, conducted literature reviews focusing on wakeful rest, and currently conducting research for senior thesis focusing on false memories.

Michigan State University Sleep and Learning Lab

Research Assistant, Graduate Student

East Lansing, MI

Fall 2025-Present

- Managing studies regarding melatonin and sleep, and stress and attention vigilance.

PRESENTATIONS AND POSTERS

Presentations

- James, J. M (April 2026). Melatonin and the Young Adult Mind: Investigating Sleep Quality and Morning Cognitive Performance. *Michigan State University Psychology Department Cognition and Cognitive Neuroscience Cognitive Forum* (In Preparation).

Posters

- James, J. M (April 2025). Truth and Imagination: The Formation of False Memories. *Midwestern Psychological Association. University of Notre Dame Memory Lab.*
- James, J. M (November 2025). Truth and Imagination: The Formation of False Memories. *Psychonomics Society 66th Annual Meeting. University of Notre Dame Memory Lab.*

INTERNSHIP AND WORK EXPERIENCE

Hawk Psychological Services

Observational Intern

Orland Park, IL

May 2023-August 2023

- Shadowed doctors of psychology for 80 hours administering neuropsychological evaluations and assisted in the administering and scoring of evaluations.

Uniquely You

Observational Intern

New Lenox, IL

May 2023-August 2023

- Shadowed 14 hours while assisting in group therapy and one-on-one talk therapy sessions with children diagnosed with neurodevelopmental disorders.

Saint Mary's College Office of Admissions

Senior Student Ambassador

Notre Dame, IN

Spring 2023-Spring 2025

- Support the office by performing administrative tasks including answering phones, making and organizing folders for prospective students, assisting with admission events for prospective students, interviewing and training prospective Student Ambassadors, and serving as a tour guide for visiting families.

VOLUNTEER AND COMMUNITY ENGAGEMENT

La Casa de Amistad

Volunteer Tutor

South Bend, IN

February 2023-April 2023

- Tutored immigrants for naturalization interviews and civics exams to aid them in becoming a citizen in the U.S.

Cultural Psychology Lab, Saint Mary's College

Volunteer with Lab Group

Notre Dame, IN

January 2023-May 2023

- Coordinated efforts to raise money and supplies for local immigrant and refugee families in need.

LEADERSHIP AND INVOLVEMENT

SAAC (Student Athletic Advising Committee), Saint Mary's College

Member

Notre Dame, IN

Spring 2023-Spring 2025

- Attend bi-weekly meetings, organize events for athletes, write emails to the athletes and coaches, organize events to involve the student body in athletic events, and coordinate volunteer events for the athletes.

Psi Chi, Saint Mary's College Chapter

Treasurer

August 2024-Spring 2025

- Collaborate with the executive board to plan events and oversee the budget planning.

Member

February 2023-Spring 2025

- Attend monthly meetings as well as participate and plan activities.

Psychology Club, Saint Mary's College

Member

January 2023-Spring 2025

- Actively participate in activities and support of the club.

LANGUAGE AND TECHNICAL SKILLS

- Semi-fluent in Greek and Spanish
- Advanced Proficient in Google Docs, Google Sheets, Google Slides, Qualtrics.
- Beginner proficiency in MATLAB, SPSS, and R Coding