

Abnormal Psychology

Psy 280: Spring 2020
Mon/Wed 8:30-9:50pm
C102 Wilson Hall

Instructor: Prof. Buchanan
Office hours: Tuesdays 11-12pm (127A Psychology Bldg)

Graduate TA: Jessica Saucedo (sauce23@msu.edu)
Office hours: Tuesdays 10:00am-12:00pm (354 Giltner)

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Office hours: TBD

Email: Put "Psy 280" in the subject line to ensure it is answered promptly.
-Please direct email to the TA/UAs, who will be able to answer questions or forward them to me if necessary.

Course Goals & Objectives: This course will provide a broad overview of various forms of abnormal behavior. The primary emphasis will be on adult psychopathology and the social, cultural, and biological influences on mental health. This course is intended to be an introduction to psychopathology. I encourage you to take advanced courses on related topics for an in-depth examination of particular disorders, populations, or treatment methods (e.g., Psy 304, 330, 480, 488, 489).

Our online course materials include extra sections on substance abuse, abnormal behavior associated with childhood and adolescence, aging and neurocognitive disorders and disorders related to aging, and abnormal psychology and the law. We will not formally cover and you will not be tested on these chapters, but I encourage you to skim through the material, watch videos, etc from these chapters. They will remain available to you until May 5th.

Course Materials (2):

REQUIRED (2):

- 1) Buchanan, N. T. *Abnormal Psychology (Lecture Notes)*. Boston, MA: Pearson Custom Publishing ISBN 1269894730.

**The lecture notes include access to Revel and an electronic copy of the textbook.

- 2) **Revel:** The **Revel** version of **Nevid/Rathus/Greene, *Abnormal Psychology: In a Changing World, 10e*** is required for this course. It includes an online version of the textbook, study materials, test preparation, and over 350 class points related to assignments and quizzes available on Revel. Access to a computer or mobile electronic device (tablet or smartphone) with internet access is necessary to complete your Revel assignments.

- a. While access to Revel is required, the printed version of this text is optional. After you register for Revel, you will have the option of adding the print upgrade of the textbook for \$19.95 (no shipping cost).
- b. If you encounter any issues, support materials are available at www.pearsonhighered.com/Revel/students/support/index.html, including a call in number:

855-875-1801.

- c. ***To register for Revel, go to:** <https://console.pearson.com/enrollment/mrkfah>
Use the following access code: **HSSREV-JAHID-RISEN-SWEET-LENTO-TOTES**
- c. If you already have a Username and Password for another Pearson technology (i.e. MyMathLab), go ahead and sign in. If you do not have one, you'll need to create one using a valid email that you check regularly, like your school email address. Once you've signed in or created your Pearson Account, you'll immediately be directed to your Revel account. Here you'll see your course appear.
- d. To access Revel throughout the semester log onto <http://console.pearson.com>. Make sure to bookmark this URL and NOT the course invite link. Remember to always use the same username and password to logon.
- e. Review the Revel Student Getting started guide:
https://www.pearsonhighered.com/revel/assets/pdf/REVEL-for-Student__Getting-Started-Guide.pdf
- f. Download the Revel app!

Course Requirements:

REVEL ASSIGNMENTS (READING AND QUIZZES): Log into Revel frequently and check the assignment calendar to ensure you are keeping up with the assignments. The deadline for completing Revel assignments fall on Tuesdays at 11:59pm on most weeks (see course schedule below). The goal is to work on pieces of the chapter several times throughout the week so that you are done before the deadline. Late submissions will not be accepted for credit, but the material is available for you to study and review throughout the semester.

5 Tips for Using Revel to Succeed in This Course

1. Quizzes can help you learn more as you read.
2. Track your performance in Revel throughout the semester.
3. Highlighting important sections in the chapter will allow you to easily refer to them later on in the semester. Be on the lookout for any **blue** highlights, as these are highlights or notes coming from me, your instructor!
4. You may want to try listening to the audio while you read.
5. If you forget your login information, go to the [Forgot Username or Password](#) link to retrieve your username or reset your password. Then, enter your email address and click continue. Check your email account for an email with the subject, "Pearson Username/Password Request." The message will contain all of the usernames that are found for that email address. Choose one account to use with Revel.

READINGS: Be sure to read the required material before class. You will get more out of the lecture and be able to ask questions if you have already read the corresponding chapter, reviewed the lecture notes, and gone through the Revel material (study aids, quizzes, and videos).

ATTENDANCE: We will not take attendance in this class, but sometimes I have a surprise extra credit at the start of class. Please note that there will be material in lectures that will not be covered in the text (and vice versa). Exams will cover material from both. In order to be successful in this course, you are strongly

encouraged to attend all lectures. If you do need to miss class, you can get lecture notes from a classmate or one of the teaching assistants. Lecture outlines are provided in the required coursepack. The lecture may deviate from these notes, but they will provide a general outline of what you missed on any given day.

EXAMS: There will be three exams worth 135 points each. Exams will include multiple choice, short answer, fill-in-the-blank, etc. Any material from lecture, Revel, videos, and related materials (even comments from other students) are fair game. Test scores will be posted on the course website once they are available from the scoring office.

You must have your MSU Student ID with you in order to take the exam. We will match your ID with both you and your PID when you turn in the exam. Without your ID, you will not be able to take/turn in the exam and will receive a zero for that exam.

If you are late to an exam: You will not be able to start an exam once a student has finished the exam and left the room.

Disputing items on an exam: If you get an answer wrong on the exam and believe your answer should be re-considered, you must fill out an **Item Dispute Sheet** and turn it in **within two weeks of the exam**. After two weeks, no changes will be made. The item dispute sheet is available on the class website.

EXTRA CREDIT: PSYCHOLOGY SUBJECT POOL-SONA: Each student can earn 1-10 extra credit points by participating in research studies via SONA.

Please Note:

- a. **Request a SONA account** at <https://msu-psychology.sona-systems.com>
- b. **Who to contact if you have a problem.** I will not be able to help with any concerns with SONA.
 - i. If you have a problem with a study, you should first contact the person who ran the study (the investigator) and potentially the SONA administrator [Audra Jeffrey jeffre22@msu.edu].
 - ii. If you have a problem or question concerning the SONA system or your account, you must contact the SONA administrator [Audra Jeffrey jeffre22@msu.edu].
- c. **The SONA website will typically open the second week of the semester.** You will not be able to open an account until the website is open. Studies will be added throughout the semester, check frequently.
- d. **Your participation must be completed by Friday April 26th.** After this time, you will no longer be able to reassign credits between classes. Given some studies may take a few days to upload your credits, I suggest finishing any studies that you want to count for extra credit by April 20th.
- e. **Experimenters might not upload your participation points right away.** In order to ensure your points are credited on time, please finish your experiments several days before the deadline. When I download your credit after the deadline, I will not be able to go back to change your grade or accept reassigned SONA credits toward this class.
- f. **If you fail to show up for an experiment,** the system may deduct points from your total points. You are allotted points based on your total, so if you are penalized, you will need to do extra experiments to get the full 10 points.
- g. **If you are under 18-years-old:** You must be at least 18-years-old to participate in SONA. If you are under 18, please contact the SONA administrator for alternative opportunities to get equivalent credit [Audra Jeffrey jeffre22@msu.edu].

- h. **SONA Alternative:** Participation in research is voluntary. If you do not wish to participate in research studies, or are ineligible due to your age, you can complete a review of an empirical research article as an alternative. This assignment should approximate the time required to earn 10 points via SONA. If you would like to use this alternative, see the reviewer guidelines available on the class website.
- i. You must turn the paper in on **dropbox to the assignment folder AND turn in a hardcopy** of your paper by noon on Monday 4/27 to room 127A Psychology Building. You are welcome to (even encouraged to) turn this in early if you choose.
 - ii. You cannot do both SONA and the SONA alternative for extra credit.

Grading procedures:

- 1) Course material and grades will be posted to the class website on Desire2Learn (<https://d2l.msu.edu>). You are responsible for any and all items posted on the course website. Please check it often for new material, class announcements, changes, etc. Scores from Revel will be posted in D2L, please verify your scores match throughout the semester to ensure there were no merging errors.
- 2) Total points earned will be divided by the total points for the class (which will vary based on the Revel assignments). This percentage will be translated into your final grade (see chart below). As such, you are not being graded on a curve; it is possible for every student in the class to receive a grade of "A". Extra credit is added to your total points.
- 3) I have written my computer program to **automatically round any percentage ending in a 4.5 or a 9.5**. For example, an 84.5 would become an 85% and an 89.5 would become a 90%.
- 4) Grading example based on 778 total points in the class.

Exam 1 = 98 points	Total exam points = 317	Total Revel points = 297/372
Exam 2 = 105 points	+2 points for attendance extra credit	
Exam 3 = 110 points	+3 points for participation in SONA	

Student's total points for the class = 317 + 3 + 2 + 297 = 619.

This number is divided by 778 (exam points [405] + Revel total points {372}).

$619/778 = .795$ (multiply by 100 = 79.5% (rounds to 80% automatically) = 3.0 based on the MSU grading scale provide below.

- 5) **Because extra credit is built into the course and the computer program automatically rounds these scores, your final grade will not be or altered in any way.**

Grading Scale:	4.0 = 90-100%	2.0 = 70-74%
	3.5 = 85-89%	1.5 = 65-69%
	3.0 = 80-84%	1.0 = 60-64%
	2.5 = 75-79%	0.0 = below 60%

Honors Option: Due to the size of this class, I am unable to offer an honors option for this course.

Limits to Confidentiality: Please be aware that class materials are generally considered confidential pursuant to the University's student record policies. However, all University employees, including instructors, cannot maintain confidentiality when it conflicts with their responsibility to report certain issues based on external legal obligations or health and safety considerations of MSU community members and others. As the instructor, I must report the following information to other University offices if you share it with me:

- **Suspected child abuse/neglect, even if this maltreatment happened when you were a child,**
- **Allegations of sexual assault or sexual harassment when they involve MSU students, faculty, or staff, and**
- **Credible threats of harm to oneself or to others.**

These reports may trigger contact from a campus official who will want to talk with you about the incident that you have shared. In almost all cases, it will be your decision whether you wish to speak with that individual or not. If you would like to talk about these events in a more confidential setting, you are encouraged to make an appointment with the MSU Counseling Center (<http://www.counseling.msu.edu/students>).

Accommodations for Students with Disabilities: Michigan State University is committed to providing equal opportunity for participation in all programs, services and activities. Requests for accommodations by persons with disabilities may be made by contacting the Resource Center for Persons with Disabilities at 517-884-RCPD or on the web at rcpd.msu.edu. Once your eligibility for an accommodation has been determined, you will be issued a Verified Individual Services Accommodation ("VISA") form. **If you already have a VISA**, please let me know what accommodations are required as soon as possible and **give me a hardcopy of your VISA**. I will do my best to make the appropriate arrangements.

If you require testing accommodations (additional time, less disruptive room, etc.) you must contact me and present your VISA **at least two weeks before the exam date** to schedule an alternative exam. Typically, I will schedule for you to take the exam during a special exam sessions offered by the Psychology Department. Those exams occur in small group settings and the times for our exams are listed next to exam information in the tentative schedule (last page of this syllabus) and are held in room 346 Giltner. If you are unable to make the RCPD exam time, or that option does not meet your VISA accommodations, you may be able to schedule to take your exam at the RCPD office. RCPD requires that you register and have all required forms to their office **at least two weeks prior** to the exam. Whether you are taking the exam with the psychology department or RCPD, the exam must be scheduled well in advance, so you need to adhere to the two-week prior notification requirement!

Things you should never do (for any class):

ARRIVING LATE & CELL PHONES: Rude behavior is unacceptable and disturbing class is unfair to your classmates. Please turn off cell phones, etc., before entering the classroom. If you are a few minutes late once or twice, please ease in quietly, do not let the door slam closed, and do not disturb your classmates.

CHEATING/PLAGIARISM: Don't do it! Academic integrity is one of your greatest resources, if you cheat or are academically dishonest in any way, you will receive a failing grade for the course and I will pursue university-wide action, including expulsion. The university policies regarding academic integrity can be found at: <https://www.msu.edu/unit/ombud/academic-integrity/index.html>

Note: Below is a *tentative* schedule. A specific topic may change for a given week or day.

Abnormal Psychology: Tentative schedule

Wk	Date	Readings/To Do	Topic
1	1/6	Review Syllabus, Register for Revel	Introduction & Course overview Registration: See above for link and access code
	1/8	Ch. 1	Introduction & Defining abnormal behavior
2	1/13	Ch. 2	Multidimensional models of abnormal behavior
	1/14	Revel	Chapter 1 module and chapter quizzes (by 11:59pm EDT)
	1/15	-----	Multidimensional models of abnormal behavior (cont.)
		Register with SONA	SONA website should open this week; create your account https://msu-psychology.sona-systems.com/ (Be sure it is the MSU psychology SONA site and you link the credits to this class)
3	1/20	NO CLASS	Dr. Martin Luther King Jr Holiday
	1/21	Revel	Chapter 2 module and chapter quizzes (by 11:59pm EDT)
	1/22	Ch. 3	Classification, Assessment & Diagnosis
4	1/27	-----	Classification, Assessment & Diagnosis (cont.)
	1/28	Revel	Chapter 3 module and chapter quizzes (by 11:59pm EDT)
	1/29	Ch. 4	Stress, Health, Adjustment, & Traumatic Stress Disorders
5	2/3	-----	Adjustment, & Traumatic Stress Disorders (cont.)
	2/4	Revel	Chapter 4 module and chapter quizzes (by 11:59pm EDT)
	2/5	Ch. 5	Anxiety, Obsessive-Compulsive & Related Disorders
6	2/10	-----	Anxiety, Obsessive-Compulsive & Related Disorders (cont.)
	2/11	Revel	Chapter 5 module and chapter quizzes (by 11:59pm EDT)
	2/12	EXAM #1	(RCPD students = Thursday 2/13 @ 3pm in 346 Giltner)
7	2/17	Ch. 6	Dissociative Disorders, Somatic Symptom and Related Disorders
	2/19	-----	Dissociative Disorders, Somatic Symptom and Related Disorders (cont.)
8	2/24	Ch. 7	Mood Disorders & Suicide
	2/25	Revel	Chapter 6 module and chapter quizzes (by 11:59pm EDT)
	2/26	-----	Mood Disorders & Suicide (cont.)
9	3/2 - 3/6	NO CLASS	Spring Break
10	3/9	-----	Mood Disorders & Suicide

	3/10	Revel	Chapter 7 module and chapter quizzes (by 11:59pm EDT)
	3/11	Ch. 12	Personality Disorders
11	3/16	-----	Personality Disorders
	3/17	Revel	Chapter 12 module and chapter quizzes (by 11:59pm EDT)
	3/18	EXAM #2	(RCPD students = Thursday 3/19 @ 3pm in 346 Giltner)
12	3/23	Ch. 9.1	Eating Disorders & Obesity
	3/25	-----	Eating Disorders & Obesity (cont.)
13	3/30	Ch. 9.2	Sleep-Wake Disorders
	3/31	Revel	Chapter 9.1 module and quizzes (by 11:59pm EDT)
	4/1		Sleep-Wake Disorders (cont.)
14	4/6	Ch. 11	Schizophrenia Spectrum Disorders
	4/7	Revel	Chapter 9.2 module and chapter 9 quizzes (by 11:59pm EDT)
	4/8		Schizophrenia Spectrum Disorders (cont.)
15	4/13	Ch. 10	Disorders Involving Gender & Sexuality
	4/14	Revel	Chapter 11 module and chapter quizzes (by 11:59pm EDT)
	4/15	-----	Disorders Involving Gender & Sexuality (cont.)
16	4/20	-----	Disorders Involving Gender & Sexuality (cont.)
	4/21	Revel	Chapter 10 module and chapter quizzes (by 11:59pm EDT)
	4/22	EXAM #3	(RCPD students = Thursday 4/23 @ 3pm in 346 Giltner)
	4/26	SONA	Participation must be completed by 5pm.
17	4/27	FINALS WEEK	Sona alternative extra credit assignments are due by 12pm noon to 127A Psychology Building (in the black bin outside the door). This is only available for those who were not eligible or chose not to participate in SONA for extra credit.