

INTERNSHIP TRAINING IN PSYCHOLOGY COURSE
Psychology 381, section 001
Spring 2020

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Class Location: C302 Snyder Hall
Class Time: Fridays, 9:10am-12:00pm

Course Description

This course is the first in a two-semester sequence. The overall sequence is designed to provide you with an opportunity to develop the specific skills needed when providing direct service to individuals in the community. Throughout this course you will learn about applying theories underlying human behavior to real-world scenarios, sharpen your empathy skills, and gain valuable experience interacting with diverse individuals and settings within the community.

Required Course Readings

1. Desmond, M. (2016). Evicted. NY: Penguin Random House, LLP.
2. Additional readings available on D2L: d2l.msu.edu

****You are expected to read each session's readings BEFORE coming to class.****

Course format

In many ways, this course is structured more like a training seminar than a college lecture. Most classes will contain a lecture component, but much of each class period will be spent engaged in group activities and discussion. With that in mind, **your active participation is essential in creating a successful class**. Please come to class each week prepared and ready to engage!

Course objectives

- To explore options and opportunities for internships and long-term careers in the human services field.
- To develop service provision skills including effective communication, conflict resolution, active listening, and crisis intervention.
- To understand the structural barriers that many people seeking services face and practice employing strategies to reduce those barriers on an individual and societal level.
- To obtain a summer internship in the human services field.

E-mail policy

You can expect a response to your e-mail message within two business days, so please budget this time into your questions, specifically as it concerns assignment deadlines. Include 'Psy 381' in your subject line so I can easily find your emails in my inbox. Please write your email in a professional manner (i.e., greeting, complete sentences, your name). This is good practice for corresponding with your future internship sites!

Course management software

This course will be using D2L (<https://d2l.msu.edu/>) for on-line course management *and communication*. Please make sure that your contact information is up-to-date so that you receive all class-related emails, and know how to check for announcements and messages in D2L. If you have any trouble using D2L, you can contact the helpdesk – open 24 hours! If you are unfamiliar with D2L, please complete the on-line tutorial, which you can find on the D2L homepage 'Help' tab, or by going to: <http://help.d2l.msu.edu/training>. **Please direct all technical questions to the D2L helpdesk at 517.355.2345 or 800.500.1554.**

Academic Honesty

Both students and faculty are responsible for "maintaining the integrity of scholarship, grades, and professional standards," ([Student Rights and Responsibilities](#) and [Spartan Code of Honor](#)). In addition, the Psychology Department adheres to the policies on academic honesty as specified in General Student Regulations 1.0, Protection of Scholarship and Grades; the all- University Policy on Integrity of Scholarship and Grades; and Ordinance 17.00, Examinations.

You are expected to develop original work for this course and may not submit course work you completed for another class to satisfy the requirements for this course. Any student who is found to be guilty of plagiarism, giving or receiving aid on exams (including talking with previous students about what is on the exams), or any other form of academic dishonesty **will fail the course**. Contact me if you are unsure about the appropriateness of your course work or what constitutes plagiarism or academic dishonesty. (See also <http://www.msu.edu/unit/ombud/dishonestyFAQ.html>)

CLASSROOM POLICIES

Attendance

Attendance is not strictly mandatory in this class since everyone wants you to stay home if you are sick. *However*, class participation is more than 30% of your grade, and attendance and whether you come to class on time are taken into consideration in our overall assessment of your performance and commitment to the course and your internship. See the "three exceptions to the grading criteria" below for more details related to attendance.

Engagement and Discussion

The primary thing I ask you to keep in mind as we engage with each other through discussion and group activities is that the goal of this space is to learn. This class gives us the chance to challenge and explore many of our own beliefs and, in conjunction, we may often find ourselves

challenging other people’s beliefs as well. Please remember that everyone is going to move through this material in their own way and from the lens of their own experiences, and if you challenge your classmates make sure it is with the goal of enhancing each other’s learning.

Class Communication Guidelines (To be filled in after class discussion)

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

UNIVERSITY MANDATORY REPORTING POLICY

Please note that **the instructor of this course and the teaching assistant are both mandated reporters.** This means that the instructor and TA are required to report all incidents of relationship violence and sexual misconduct that involve students, faculty, or staff, occurred at a University-sponsored event, or occurred on University property. Therefore, if you share such an experience with one of the instructors, we will be required to share your name and the details of the disclosure to the Office of Inclusion and Equity (OIE) and MSU Police.

Limits to confidentiality. Essays, journals, and other materials submitted for this class are generally considered confidential pursuant to the University's student record policies. However, students should be aware that University employees, including instructors, may not be able to maintain confidentiality when it conflicts with their responsibility to report certain issues to protect the health and safety of MSU community members and others. As the instructor, I must report the following information to other University offices (including the Department of Police and Public Safety) if you share it with me:

- Suspected child abuse/neglect, even if this maltreatment happened when you were a child;
- Allegations of sexual assault, relationship violence, stalking, or sexual harassment; and
- Credible threats of harm to oneself or to others.

OIE will include these facts, but not your name, in the University’s statistics on sexual and domestic violence. They will also reach out to you with a confidential email to provide additional university resources. It is entirely your decision whether you would like to use any of the provided services or even respond to the University’s email. If you would like to talk with someone about your experiences during this course but want to remain confidential, see the last page of this syllabus where you will find a list of confidential resources.

Grading

All PSY 381 grades will be held until the end of the second semester (382) and will then be recorded on students' transcripts. Until that time, PSY 381 grades will be recorded as "ET." If this is a problem for anyone because of financial aid or scholarships, please see the instructor. Grades will be calculated separately for PSY 381 and PSY 382. In the first semester of this course students will receive numerical grades based on their demonstrated understanding of the course material. Please note that the second semester of this course is graded on a Pass / No Pass basis.

| Graded Materials | Due Date | Maximum Total/Points |
|---|------------|----------------------|
| <i>Class Participation</i> | | |
| Participation / In-Class Weekly Journals (13 weeks, 12 weeks graded) | Weeks 2-14 | 120 |
| <i>Homework Assignments</i> | | |
| Reading Reflection #1 | 1/17/20 | 5 |
| 1 st Draft of Resume & Cover Letter | 1/31/20 | 15 |
| 2 nd Draft of Resume & Cover Letter | 2/14/20 | 20 |
| Reading Reflection #2 *This reading reflection goes with what is currently Week 7 content. That week's content and therefore this reading reflection may change based on guest speaker availability. | 2/21/20* | 5 |
| 3 Potential Internship Sites | 3/13/20 | 25 |
| <i>Evicted Paper</i> | 3/27/20 | 25 |
| Client Experiences Paper | 4/10/20 | 25 |
| Signed Contract | 4/17/20 | 20 |
| <i>Exams</i> | | |
| Exam | 4/24 | 40 |
| <i>Total Points Possible</i> | | 300 |

Grading Scale

| Points | Percentage | Grade |
|---------|------------|-------|
| 284-300 | 95-100 | 4.0 |
| 269-283 | 90-94 | 3.5 |
| 254-268 | 85-89 | 3.0 |
| 248-253 | 83-84 | 2.5 |
| 239-247 | 80-82 | 2.0 |
| 233-238 | 78-79 | 1.5 |
| 224-232 | 75-77 | 1.0 |

Homework and Paper Assignment Submission Policy

With the exception of your resume and cover letter drafts and in class assignments, homework and paper assignments must be **submitted on D2L** by the start of class (9:10am) on the due date. Use the "Assignments Dropboxes" folder in D2L to submit your assignments.

Late assignments should also be submitted on D2L. Assignments that are turned in late will be marked down 10% for each day late. For example, a 30-point paper submitted between 9:11am of the original due date and 9:10 am the following day will be marked down 3 points for lateness.

The exam for this class will be given during class on Friday, April 24th. Makeup exams will be provided only in extreme circumstances *and* with enough time to make alternate arrangements.

*****THREE EXCEPTIONS TO THE GRADING CRITERIA*****

1. Should you drop or be terminated before the end of PSY 382, you will receive a 0.0 for PSY 381 and a 'No Pass' for PSY 382. (Please come talk to me about your concerns or challenges before it gets to that point!)
2. I reserve the right to not assign internships to students whom I feel have not demonstrated an adequate grasp of the course material or who have not shown adequate independence and responsibility. **Your attendance in the course will be considered. If you miss more than 1 class and there are other concerns about your grasp of the material, you may be dropped from the class.** We will make every effort on our part to resolve the problem(s) first.
3. There is potential for immediate termination (with a grade of 0.0 for PSY 381 and NP for PSY 382) due to illegal, unethical or improper behavior.

STUDENT RESOURCES

Students with Disabilities

Michigan State University is committed to providing equal opportunity for participation in all programs, services and activities. Requests for accommodations by persons with disabilities may be made by contacting the Resource Center for Persons with Disabilities at 517-884-RCPD or on the web at rcpd.msu.edu. Once your eligibility for an accommodation has been determined, you will be issued a verified individual services accommodation ("VISA") form. Please present this form to me as soon as possible or at least two weeks prior to the accommodation date (test, project, etc).

MSU Backup Dependent Care Program

Michigan State University offers a Backup Dependent Care Program for children or elders. This is meant to be a backup option for students if their usual child or eldercare falls through and a lack of care would stop them from attending class or completing schoolwork. More information about the program can be found here: <https://worklife.msu.edu/family-care/kids-parents/backup-care>.

Counseling Services

Free professional counseling services are available to all MSU students. To make an appointment

call 355-8270 (TTY users call 353-7278) during business hours. Offices are in Room 207 Student Services Building. You may learn more about their services at <https://caps.msu.edu/services/index.html>.

Writing Center and Collaborative Learning Center

The Writing Center (writing.msu.edu) and the Collaborative Learning Center (nssc.msu.edu/clc) help develop writing skills and successful academic strategies.

Confidential MSU Resources

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| <p>MSU Counseling and Psychiatric Services (CAPS) 3rd Floor Olin Health Center Building 463 E Circle Drive East Lansing, MI 48824 (517) 355-8270</p> | <p>MSU Sexual Assault Program 207 Student Services Building 556 East Circle Drive East Lansing, MI 48824 (517) 355-3551 (office) (517) 372-6666 (24 hour crisis line) Website: www.endrape.msu.edu</p> |
| <p>MSU Safe Place (517) 355-1100 Email: noabuse@msu.edu Website: http://safeplace.msu.edu</p> | <p>University Ombudsperson 354 Farm Lane, Room 129, North Kedzie Hall East Lansing, MI 48824 (517) 353-8830 Email: ombud@msu.edu Website: http://www.msu.edu/unit/ombud</p> |

Course Schedule**

| Date | Topic/Assignment Due | Assigned Readings |
|----------------|--|---|
| <u>Week 1</u> | | |
| Friday 1/10/20 | Course Overview Introduction to Human Service Internships | No readings. |
| <u>Week 2</u> | | |
| Friday 1/17/20 | Viewing Social Problems and Programs Ecologically Person-First language Assignment Due: Reading Reflection #1 | Jimenez, T. R., Hoffman, A., & Grant, J. (2019). Theories. In L. A. Jason, O. Glantsman, J. F., O'Brien, & K. N. Ramian (Eds.) <i>Introduction to Community Psychology: Becoming an Agent of Change</i> . (Ch. 5, pp. 83-96). Seidel, Jeff. (2011). Michigan's homeless students: Foreclosure crisis takes toll on 31,000 kids. <i>Detroit Free Press</i> . Read Parts 1 & 2. Snow, K. <i>People First Language. Disability is Natural</i> , www.disabilityisnatural.com . |
| <u>Week 3</u> | | |
| Friday 1/24/20 | Locating Potential Internship Sites Resumes & Cover Letters | Desmond, M. (2016). Chapters 1-3, About this Project In <i>Evicted</i> . (p 9-43, 315-336). |
| <u>Week 4</u> | | |
| Friday 1/31/20 | Contacting Potential Internship Sites Interviewing for an Internship Assignment Due: First Draft of Resume and Cover Letter | Additional readings TBA Desmond, M. (2016). Chapters 4-6. In <i>Evicted</i> . (p 44-79). |
| <u>Week 5</u> | | |

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| Friday 2/7/20 | Trauma, Mental Health | Additional readings TBA <i>Tips for survivors of a traumatic event.</i> U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration |
| Week 6 | | |
| Friday 2/14/20 | Strengths-Based Approach to Human Service Delivery Assignment Due: Second Draft of Resume and Cover Letter | Additional readings TBA Desmond, M. (2016). Chapters 7-8. In <i>Evicted</i> . (p80-107). |
| Week 7 | | |
| Friday 2/21/20 | Structural Inequalities Power and Privilege Assignment Due: Reading Reflection #2 | Additional readings TBA |
| Week 8 | | |
| Friday 2/28/20 | Ethics Substance Use | NASW Code of Ethics and Principles of Ethical Practice. Available online at http://www.socialworkers.org/pubs/code/code.asp . Miller, W.R. <i>Alcohol and its effects on behavior.</i> Center for Alcoholism, Substance Abuse, and Addiction. Desmond, M. (2016). Chapters 7-8. In <i>Evicted</i> . (p80-107). |
| SPRING BREAK March 2-6 | | |

| <u>Week 9</u> | | |
|----------------|---|---|
| Friday 3/13/20 | Effective Communication Assignment Due: Three Potential Internship Sites | Additional Readings TBA Desmond, M. (2016). Chapters 9-11. In <i>Evicted</i> . (p 109-157). |
| <u>Week 10</u> | | |
| Friday 3/20/20 | Effective Communication, Motivational Interviewing | Additional Readings TBA Desmond, M. (2016). Chapters 12-14. In <i>Evicted</i> . (p 158-185). |
| <u>Week 11</u> | | |
| 3/27/20 | Active Listening, Crisis Intervention, Suicide Intervention, & Securing Placements | Additional Readings TBA Desmond, M. (2016). Chapters 15-16. In <i>Evicted</i> . (p 186-203). |
| <u>Week 12</u> | | |
| Friday 4/3/20 | Conflict Resolution Guest Speaker | Additional Readings TBA Desmond, M. (2016). Chapters 17-19. In <i>Evicted</i> . (p 205-241). |
| <u>Week 13</u> | | |
| Friday 4/10/20 | Case Management, Securing Placements Assignment Due: Client Experiences paper | Additional Readings TBA Berg, C. J. (2009). A comprehensive framework for conducting client assessment: Highlighting strengths, environmental factors and hope. <i>Journal of Practical Consulting</i> , 3(2), 9-13. Desmond, M. (2016). Chapters 20-22. In <i>Evicted</i> . (p 242-269). |

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| <u>Week 14</u> | | |
| Friday 4/17/20 | De-escalation, Boundaries, Vicarious Trauma Assignment Due: Secure Placement (with signed contract) | Additional Readings TBA Wagaman, M. A., Geiger, J. M., Shockley, C., & Segal, E. A. (2015). The role of empathy in burnout, compassion satisfaction, and secondary traumatic stress among social workers. <i>Social Work, 60</i> (3), 201-209. Desmond, M. (2016). Chapters 23-24. In <i>Evicted</i> . (p 270-292). |
| <u>Week 15</u> | | |
| Friday 4/24/20 | Preparation for PSY 382 Assignment due: <i>Evicted</i> Paper | Desmond, M. (2016). Epilogue. In <i>Evicted</i> . (p 293-313). |
| <u>Week 16: FINALS WEEK</u> | | |
| Final Exam | | |

**This is a tentative schedule. Lecture topics are subject to change without notice. Reading changes are possible as I get to know your interests and previous experiences. For this reason, I recommend not doing reading more than one week in advance. Students will not be penalized for any change to the schedule that is posted with less than one week’s notice.