# Abnormal Psychology

## PSY 280 – Section 001

## Spring 2021

Location: This course will be delivered completely online, using a combination of D2L and Zoom

Time: The course begins at 12:01 am Eastern Standard Time on Monday January 11, 2021.

The course ends at 5:00 pm Eastern Daylight Time on Tuesday April 27, 2021.

The course is organized into 15 weeks plus finals week. Week 1 is a week of reflection, with no course requirements; there are some suggested activities. Week 1 begins on Monday January 11 at 12:01 am and ends on Monday January 18 at 11:59 pm. Week 2 is the first week of required activities and it begins the day after the MLK holiday – 12:01 am on Tuesday January 19. Weeks 3 – 15 begin at `12:01 am on Monday and end at 11:59 pm on Sunday. Finals week begins at 12:01 am on Monday April 26 ends at 5:00 pm on Friday, April 30. The final exam will be available from 7:45 am on Tuesday April 27 until 5:00 pm on Tuesday April 27

The course is “asynchronous”, which means that you can complete course activities at any time, within the constraints of the posted deadlines for the completion of each course activity and there are limited time frames in which the three course exams are open to you.

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Campus Office: Office hours will be held remotely via Zoom and will be available by appointment. We will monitor our emails regularly each day but cannot guarantee that we will see an email that you think needs our urgent attention at the precise time you send it. We intend to respond to all emails with 24 hours. Your instructor and the course assistants are all available for zoom meetings to discuss any questions or concerns that arise in the course.

Optional class meeting: I will be on Zoom and available to talk with as many student who wish every Thursday from 9:00 – 9:45 am Eastern Time. You can ask questions and make comments by speaking or using the Zoom chat feature. The link for those meeting is:

Special Guest: Diondra Straiton, M.A. is a graduate student in clinical psychology at MSU. Her research is in the area of autism spectrum disorder. She will present material and prepare the modules for the week 6 discussion of autism.

Prerequisites:PSY 101

Overview:This course will provide detailed coverage of the problems, disorders and varieties of atypical experience and behavior as expressed in adults (primarily). We will emphasize the concepts and methods of an integrative/multi-dimensional (sometimes known as biopsychosocial) perspective on psychopathology as they illuminate the biological, genetic, familial, and social-cultural factors influencing the onset and maintenance of psychological disorders. Descriptive psychopathology, as typified in the *Diagnostic and Statistical Manual of Mental Disorders – Fifth Edition* (the DSM-5) will be evaluated with respect to the integrative perspective. We will review a range of psychological disorders and will emphasize those that are the most common and have the strongest evidentiary base.

### Objectives:

***1***. Students will become knowledgeable about psychological disorders and symptoms as presented in the *Diagnostic and Statistical Manual of Mental Disorders – fifth edition (DSM-5)* (American Psychiatric Association, 2013) and why RDoC was developed as an alternative way of studying psychopathology.

***2***. Students will be able to use an integrative psychopathology perspective to understand risk and protective factors influencing the expression and course of disorders, continuities and discontinuities between normal and disordered development, and the interplay among biological and psychosocial factors in disordered behavior.

***3***. Students will be effective consumers of mass media information about psychological disorder.

**4.** Students will become conversant with the treatment strategies used with individuals who have psychological disorders.

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Class Format: Recorded lectures and other digital material (posted on D2L), required participation in D2L discussion boards and associated self-assessment of your discussion participation, optional scheduled class meetings using combination of Zoom and D2L , multiple written assignments, online multiple choice examinations.

## **Required** technology: [This is the link to information about technical assistance](https://sway.office.com/3mnfJF9aoGddK2Dt?ref=Link) You can also find the same information on D2L by going to the “Content Browser” and opening the “Syllabus and other course information” file.

[Here is a link if you need technical support for your e-text.](https://sagepub.softwareassist.com/)

You will need reliable internet access.

## Core text– **required**

Ray, W.J. (2020). *Abnormal psychology (3rd edition)* Thousand Oaks, CA: SAGE Publications, Inc.

[Here is a link for information about how to rent or buy the course text](https://urldefense.com/v3/__https:/www.vitalsource.com/products/interactive-abnormal-psychology-interactive-ebook-william-j-ray-v9781071807255?term=9781544399201__;!!HXCxUKc!mhdQW0EpwCPdvDn51H1xti75iv17VNA4XpuKk0VUizNegptNHeMgRJarknb3G-8$)

[Here is a link to the student resources associated with the course text](https://edge.sagepub.com/rayabnormal3e/student-resources)

The electronic version of this text book is available on reserve at the MSU Library. <https://libguides.lib.msu.edu/textbooks>

If you decide to use the 2nd edition of the Ray text rather that the required 3rd edition, there is a document highlighting the differences between the 2nd and 3rd editions. You can find this document on D2L by going to the “Content Browser” and opening the “Syllabus and other course information” file.

Attendance: There are deadlines each week for the completion of course assignments and late work is not usually accepted. Beyond that you can participate in course activities at whatever time best suits you. There will be weekly Zoom discussion sections on Thursdays from 9:00 – 9:45 am Eastern Time. These class meetings are completely optional and do not have any course points associated with them. The link for those meetings is: <https://msu.zoom.us/j/93928856393> and the passcode is 2u359k

Expectations:

* Adhere to the Spartan Code of Honor and University Covid-19 related guidelines.
* Communicate with me about any difficulties you have with course material, meeting deadlines, etc. Let me know before there is a crisis if it looks like you are having trouble.
* Use the D2L help desk liberally if you encounter problems accessing course materials or completing tasks. Call them, rather than emailing them. (Local: **(517) 432-6200** Toll Free: **(844) 678-6200).**
* Read the assigned readings early in the week let me know if you have trouble understanding anything you are reading.
* Pay careful attention to all assignments and due dates. Do your work and do it on time. Let me know in advance if you expect to have problems with a deadline.
* Make it your goal to understand the content of this course as thoroughly as possible. Do exemplary work of which you can be proud.
* Do not lie, cheat, steal, plagiarize, or blame others for your mistakes.
* Use discussion boards and group meetings to post questions and assist one another with the material. All posts should be respectful toward the instructor and your other students. Inappropriate posts will be removed and disciplinary action may be taken at the instructor’s discretion. Never post to D2L in violation of copyright laws.

# Course Assignments:

How are materials organized on D2L?

Course materials are organized so that you can find them several different ways on D2L. If you go to “Content Browser” and open the “Weekly Materials and Assignments” folder you will find everything you need for each week of the course.

Or, alternatively:

Quizzes and exams are accessed by opening the “Assessments” drop-down menu on the course home page and clicking on “Quizzes”.

Discussions are accessed by opening the “Communication” drop-down menu on the course home page and clicking on “Discussions”. Your weekly self-assessment of your discussion participation will show up as a quiz with the title “Week \_ Self- Discussion Self-Assessment”.

Details of all the assignments and course activities can be found by going to the “Content Browser” and opening the “Syllabus and Other Course Information” folder.

Calendar: All assignments and due dates will be listed on the calendar on the course’s D2L home page.

Reading: There are reading assignments from the course text each week for weeks 2 – 15. The course objectives that will be posted with each weeks assignments and the quiz questions will be your guide about what I consider critical information from the assigned reading. The schedule for these reading will be found on the course schedule that it is at the end of this document and also available on D2L by going to the “Content Browser” and opening the “Syllabus and other course information” file.

Lectures/Media: Course content for required viewing will include Power Point lectures and other relevant media. Files and links for all activities will be found in the “Weekly Materials and Assignments” folder as well as in the “Power Point lectures and other Assigned Media” folder in the “Content Browser”. These materials will all be available by the beginning of the week for which they are assigned.

Quizzes: There are 15 quizzes covering the lecture and other media content and the assigned reading for each week. The week 8 and week 15 quizzes follow the same format, but are for extra credit and not required. There is a quiz due before the end of every week, except weeks 8 and 15, including weeks in which there are exams. The quizzes account for 26% of the 600 points available for the course. [This is the link for information about these quizzes.](https://sway.office.com/rE7hHEQN3S0UyBGF?ref=Link) You can also find the same information on D2L by going to the “Content Browser” and opening the “Syllabus and other course information” file. There is also a quiz in which you grade your participation in the weekly discussions.

Discussions: You are required to participated in a D2L discussion each week, including weeks in which there are exams. The week 8 and week 15 discussions follow the same format, but are for extra credit and not required The discussions account for 26% of the 600 points available for the course. [This is a link for more information about discussion board participation.](https://sway.office.com/v5vRPbKYkSwJVxW8?ref=Link) You can also find the same information on D2L by going to the “Content Browser” and opening the “Syllabus and other course information” file.

Exams: There are thee exams for the course, due before the end of weeks 6 and 11 (Sunday, 11:59 PM) and by 5:00 pm on Tuesday of finals week (4/27/2022) . Exams 2 and 3 are cumulative. The first exam is worth 60 course points; the second exam is worth 96 course points, and the third exam is worth 132 course points. [This is the link for more information about these exams.](https://sway.office.com/DV9L8IVCemCV87q6?ref=Link&loc=play) . You can also find the same information on D2L by going to the “Content Browser” and opening the “Syllabus and other course information” file.

Extra credit: MSU’s administration has set aside two days in week 8 as “Break Days” and two days in week 15 as “Study Days”. While it is not precisely clear to me how this might work in asynchronous remote learning, my adaptation is as follows: The usual weekly assignments for weeks 8 and 15 will not be required. However, they will still be available to you in the same format and on the same schedule as the other weeks of the course. I you complete those assignments you will receive extra credit toward your final PSY 280 grade. There are 3 points for each of the quizzes and 3 points available for participation in each of the discussions. Together that is a total of 12 extra credit points (2% of course points).

SONA participation: You can earn 12 extra credit points by participating in Psychology Department research. details will be posted on D2L during the second week of class. There is a maximum of 12 extra credit points available for the course and you can combine the two options until you reach the maximum points.

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Honors option: There is no honors option for this course. However, if you are in Honors College, and you are graduating at the end of this semester, and you need an additional honors course to satisfy your Honors College graduation requirement, and you can provide me with documentation of these circumstances, I will arrange an honors option for you.

Late work: Please, do not delay starting and completing the assignments for this course. I will not accept any late work unless you have informed me at least 24 hours before the assignment is due that you will miss the deadline and why you will miss the deadline. Even with advance notice, you should assume that I will not accept late work.

**Academic Honesty**: Article 2.III.B.2 of the [Student Rights and Responsibilites (SRR)](http://splife.studentlife.msu.edu/student-rights-and-responsibilities-at-michigan-state-university) states that "The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards." In addition, the Psychology Department adheres to the policies on academic honesty as specified in General Student Regulations 1.0, Protection of Scholarship and Grades; the all-University Policy on Integrity of Scholarship and Grades; and Ordinance 17.00, Examinations. (See [Spartan Life: Student Handbook and Resource Guide](http://splife.studentlife.msu.edu/) and/or the MSU Web site: [www.msu.edu](http://www.msu.edu/).)  
Therefore, unless authorized by your instructor, you are expected to complete all course assignments, including homework, lab work, quizzes, tests and exams, without assistance from any source. You are expected to develop original work for this course; therefore, you may not submit course work you completed for another course to satisfy the requirements for this course. Students who violate MSU academic integrity rules may receive a penalty grade, including a failing grade on the assignment or in the course. Contact your instructor if you are unsure about the appropriateness of your course work.

You are expected to adhere to the Spartan Code of Honor, which is as follows: **“As a Spartan, I will strive to uphold values of the highest ethical standard. I will practice honesty in my work, foster honesty in my peers, and take pride in knowing that honor is worth more than grades. I will carry these values beyond my time as a student at Michigan State University, continuing the endeavor to build personal integrity in all that I do.”**

**Specific examples of academic dishonesty in an online course include (this is not an exhaustive list; there are additional academically dishonest behaviors):**

* Have another student provide academic assistance or coaching during an online quiz or test
* Have another person take a quiz or test for you
* Copy questions or answers from any face-to-face or online quiz or test and share them with another student
* Copy questions or answers from any face-to-face or online quiz or test and post them on a website for others to view
* Get questions and/or answers from students who have already taken an exam or quiz you are scheduled to take
* Collaborate with other students on projects or assignments without your instructor's permission
* Turn in a paper that was written for another class
* Include information from articles or papers in papers without noting the source and using quotation marks.

**Limits to confidentiality:**Essays, journals, and other materials submitted for this class are generally considered confidential pursuant to the University's student record policies.  However, students should be aware that University employees, including instructors, may not be able to maintain confidentiality when it conflicts with their responsibility to report certain issues to protect the health and safety of MSU community members and others.  As the instructor, I must report the following information to other University offices (including the Department of Police and Public Safety) if you share it with me:

--Suspected child abuse/neglect, even if this maltreatment happened when you were a child,

--Allegations of sexual assault or sexual harassment when they involve MSU students, faculty, or staff, and

--Credible threats of harm to oneself or to others.

These reports may trigger contact from a campus official who will want to talk with you about the incident that you have shared.  In almost all cases, it will be your decision whether you wish to speak with that individual.  If you would like to talk about these events in a more confidential setting you are encouraged to make an appointment with the MSU Counseling Center.

**Accommodations for Students with Disabilities** [from the Resource Center for Persons with Disabilities (RCPD)]: Michigan State University is committed to providing equal opportunity for participation in all programs, services and activities. Requests for accommodations by persons with disabilities may be made by contacting the Resource Center for Persons with Disabilities at 517-884-RCPD or on the web at [rcpd.msu.edu](file:///C:\Users\Tim\Documents\MSU\Courses\Previous%20courses\493%20-%20Spring%202016\493%20-%20Spring%202016\rcpd.msu.edu). Once your eligibility for an accommodation has been determined, you will be issued a Verified Individual Services Accommodation ("VISA") form. Please email this form to me at the start of the term and/or two weeks prior to the accommodation date (test, project, etc.). Requests received after this date may not be honored.

### Grades:

#### Exams – 288 points (48%)

Exam #1 60 points (10%)

Exam #2 96 points (16%)

Exam #3 132 points (22%)

#### Discussion Board Participation – 156 points (26%)

#### 12 points per week (2%) for 13 weeks

(8 points for participation; 4 points for your self-assessment) 156 points (26%)

#### *Weekly Quizzes* - 156 points (26%)

12 points per week (2%) for 13 weeks 156 points (26%)

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Total 600 points (100%)

## Extra credit – 12 points (add 2 % to course grade)

Week 8 Quiz - 3 points

Week 8 Discussion – 2 points for posts and 1 point for self-assessment

Week 15 Quiz – 3 points

Week 15 Discussion - 2 points for posts and 1 point for self-assessment

Or, alternatively

SONA research participation – 12 points (2 points for each ½ hour of participation)- see details posted on D2L.

There is a maximum of 12 extra credit points, regardless of how they are acquired.

Final course grades are dependent upon a straight percentage of points earned during the course. There is no “curve’, which means that no one in the course is statistically required to do poorly and everyone in the course is eligible (and expected) to earn a 4.0 for the semester.

4.0 90 – 100% 540 – 600 points

3.5 84 – 89% 504 – 539 points

3.0 78 – 83% 468 – 503 points

2.5 71 – 77% 426 – 467 points

2.0 66 – 70% 396 – 425 points

1.5 61 – 65% 366 – 395 points

1.0 56 – 60% 336– 365 points

0.0 <56% <336 points

At the end of the semester, percentages of total points earned that include a fraction that is at least 4/10 of a percentage point will be raised to the next whole percentage point. For example, if you earn 89.4% to 89.9% of the course points, I will raise that score to 90%. But, if you earn between 89.000001 and 89.399999% your percentage will not be rounded up to 90%. Beyond that adjustment, I will not raise students’ grades at the end of the semester simply because they are within a point or two of a higher grade, or worked really hard, or believe they deserve a higher grade, or will suffer adverse consequences because of the grade they earned, etc. Please do not ask. Also, it is also a violation of University standards for me to allow an individual student an opportunity to earn a few extra points by doing some additional work at the end of the semester, unless that opportunity is available to everyone in the class. Please do not ask me to do this either. I promise you right now that the answer is “no”.

##### The course schedule is below and is also posted as a separate document on D2L.

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|  |  | Course schedule PSY 280-001  Spring 2021 |  |
| *Week* | *Reading*  All readings from Ray (3rd ed.) course text | *Course Content PSY 424-001* | *Assignment due*  **All assignments due at 11:59 pm Sunday unless otherwise noted\*** |
| **1**  12:01 am M 1/11-  11:59 pm Mon1/18 | Syllabus | Reflection week: If you wish, watch one or both of these TED talks to put PSY 280 in context  [Toward a new understanding of mental illness Dr. Thomas Insel 12:06](https://youtu.be/CUuyzoTI948)  [Imagine there was no stigma to mental illness Dr. Jeffrey Lieberman 22:07](https://youtu.be/WrbTbB9tTtA) | V*oluntary activities; Introduce yourself on the discussion board; complete the PSY 280 Survey* |
| **2**  12:01 am T 1/19-  11:59 pm Sun 1/24 | Syllabus  Ch. 1 | Overview of psychopathology and changing conceptualizations of mental illness | *Wk 2 quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **3**  12:01 am M 1/25-  11:59 pm Sun 1/31 | Ch. 2 | Neuroscience approaches to understanding psychopathology | *Wk 3 quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **4**  12:01 am M 2/1- 11:59 pm Sun 2/7 | Ch. 3 | Research methods | *Wk 4 quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **5**  12:01 am M 2/8-  11:59 pm Sun 2/14 | Ch. 4 and Ch. 16 | 4. Assessment and classification of psychological disorders  16. The law and mental health | *Wk 5 quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **6**  12:01 am M 2/15-  11:59 pm Sun 2/21 | Ch. 5 | Child and adolescent onset disorders | **Exam #1(Wk1-5)**  *Wk 6 quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **7**  12:01 am M 2/22-  11:59 pm Sun 2/28 | Ch. 6 | Mood disorders and suicide | *Wk 7 quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **8**  12:01 am M 3/1-  11:59 pm Sun 3/7 | Ch. 7 | *Tuesday 3/2 & Wednesday 3/3 are “Break Days”.*  *This week’s quiz and discussion are not required; they are extra credit opportunities*  Stress, trauma, and psychopathology | **Extra credit**  **Wk 8 quiz**  **1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm** |
| **9**  12:01 am M 3/8-  11:59 pm Sun 3/14 | Ch. 8 | Anxiety disorders and obsessive-compulsive disorders | *Wk 9 quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **10**  12:01 am M 3/15-  11:59 pm Sun 3/21 | Ch. 10 | Eating disorders | *Wk 10 quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **11**  12:01 am M 3/22-  11:59 pm Sun 3/28 | Ch. 11 | Sexuality disorders, paraphilic disorders, and gender dysphoria | **Exam 2**  *Wk 11quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **12**  12:01 am M 3/29-  11:59 pm Sun 4/4 | Ch. 12 | Substance-related and addictive disorders | *Wk 12 quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **13**  12:01 am M 4/5-  11:59 pm Sun 4/11 | Ch. 13 | Schizophrenia | *Wk 13 quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **14**  12:01 am M 4/12-  11:59 pm Sun 4/18 | Ch. 14 | Personality Disorders | *Wk 14 quiz*  *1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm* |
| **15**  12:01 am M 4/19 -  11:59 pm Sun 4/25 | Ch. 15 | *Thursday 4/22 & Friday 4/23 are “Study Days”.*  *This week’s quiz and discussion are not required; they are extra credit opportunities*  Neurocognitive disorders | **Extra credit**  **Wk 15 quiz**  **1 discussion thread-Weds11:59 pm\* 3 replies & Self-assessment Sun 11:59 pm**  SONA must be completed by 5:00 pm on Wed. 4/21 |
| **Finals Week**  12:01 am M 4/26-  ***05:00 pm T 4/27*** |  | **Exam available on D2L Tuesday 4/27 7:45 am – 5:00 pm EDT** | **Exam 3 Wk 1-15** |